



october half-term holiday activities

fun physical activities for disabled children
aged 5 - 11 (siblings welcome too)

Monday 21st October & Wednesday 23rd October 2019

10am - 12noon & 1pm - 3pm each day

Poplar Baths Leisure Centre, 170 East India Dock Road,
Poplar, Tower Hamlets, E14 0ED

Morning or afternoon £3 per person. Full day £5 per person

To book, call Hugh on 07772 677259 or
email hugh@disabilitysportscoach.co.uk