

Home Visit

An online or in person, 1.5 hour visit offering one to one tailored support regarding Autism.

Perfect for parents and carers who do not have access to IT, English as a second language, hearing or vision impairment, parent/carer who are Autistic themselves or have additional needs or difficulties with group settings.

One on One Support Session

An online or phone, 60 minute session offering support and advice regarding Autism.

Suitable for parent and carers requiring strategies for a new presenting issue.









Email us to find out if we can offer you either a Home Visit or Support session.

Available for families who reside in or have a registered GP in East Berkshire with a child who is Autistic or AuDHD (suspected/pathway/diagnosed)

To find out more contact GEMS:



Gems.4Health@nhs.net

