



We have just released 2 new dates for a couple of our workshops.

ADHD Teens

Hosted by Parenting Special Children: Exploring the challenges and concerns, as well as strengths and opportunities. Supporting our teenagers through change - A Strength-Based Approach in Practice. Identity & Self-Esteem. Staying Connected - Communication and Relationships. Independence & Responsibility. Managing Risk.

ADHD SUPPORT

For parents & carers of secondary school aged children - Age 12 plus.

Online: Thursday 5th December 2024. 7pm - 9pm

Booking link : <https://parentingspecialchildren.co.uk/events/teens-and-adhd-berkshire-east/>

Sensory Processing

Hosted by Parenting Special Children: Understanding sensory processing, sensory overload, sensory seeking behaviour, strategies to support & how to manage sensory arousal.

AUTISM and or ADHD

For Parents & carers of primary & secondary school aged children.

Online: Tuesday 3rd December 2024. 7 - 8.30pm

Booking link : <https://parentingspecialchildren.co.uk/events/sensory-processing-workshop-berkshire-east/>

Please note that one of our partner services Parenting Special Children now have a new booking form. You will need to register (create an account) on their website before you can book anything. You will only have to do this once.

To view all available workshops please view our website :

<https://www.gems4health.com/workshops/>