

Further information, support and advice is available via:

**SENCO** (Special Educational Needs Coordinator) at your child's school.

**Rainbow Resource** [www.rainbowresource.org.uk](http://www.rainbowresource.org.uk). This is the Local Offer for families with a child or young person aged 0-25 years, who has special educational needs, a disability or additional needs.

**SEND Partnership Service** 01225 394382

[send\\_partnershipservice@bathnes.gov.uk](mailto:send_partnershipservice@bathnes.gov.uk). SPS offers confidential, impartial and independent advice and support to families regarding their child's SEND provision in pre-school and school settings up to age 25.

**SEND Team** 01225 394306 [special\\_educationalneeds@bathnes.gov.uk](mailto:special_educationalneeds@bathnes.gov.uk).

This team is responsible for completing your child's Education and Health Care plan, organising provision and administering the plan.

**Carers Centre & Parent Carers Aiming High** 0800 0388 885

[www.banescarerscentre.org.uk](http://www.banescarerscentre.org.uk) a local charity supporting people who care for family and friends who need extra support day-to-day.

**Youth Connect** 01225 396980

[youthconnect\\_supportservices@bathnes.gov.uk](mailto:youthconnect_supportservices@bathnes.gov.uk). Works with young people aged 11-25 to support, challenge and enable the learning of young people to realise their full potential.

**Off The Record** 01225 312481 [www.offtherecord-banes.co.uk](http://www.offtherecord-banes.co.uk) provide a range of free, confidential and independent services for children and young people that supports the development of their emotional health and well being.

**Sirona** 01225 831400 [www.sirona-cic.org.uk](http://www.sirona-cic.org.uk) provide health and social care support in B&NES.

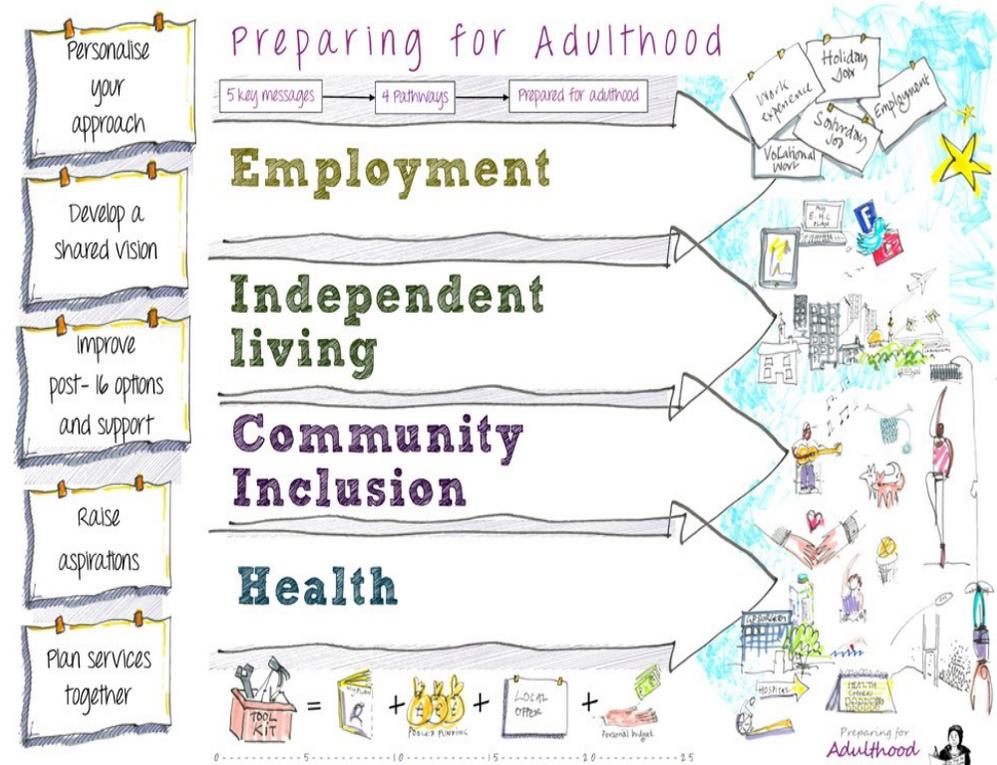
**Preparing for Adulthood** [www.preparingforadulthood.org.uk](http://www.preparingforadulthood.org.uk)

**Transition Information Network** [www.transitioninfonetwork.org.uk](http://www.transitioninfonetwork.org.uk)

This document can be made available in a range of languages, large print, Braille, on tape, electronic and accessible formats

## Starting to think about becoming an adult from Year 9

### Information for Parents



## Preparing for Adulthood - what do we mean?

Starting to think about becoming an adult raises all kinds of questions for young people and their families. The new Special Educational Needs and Disability legislation supports young people with SEND to move into adulthood with fulfilling lives. It focuses on young people aged 14 to 25.

This means that at Year 9 you and your young person should start thinking about what plans you want to put in place for the future.

There are four Preparing for Adulthood life outcomes that are based on what young people with SEND say are important to them. They include:

1. **Getting paid employment**
2. **Good health**
3. **Independent living**
4. **Having friends and relationships and fitting in to the local community**

These four outcomes should form part of the Education Health and Care planning from year 9 when preparing for adulthood reviews start as part of the annual review process at school.

Your young person will be asked to complete (with support where necessary) a document called **My Future My Choice** in which they can record their views and wishes stating, what is important to them, what plans they have, what good support looks like from their point of view, what's currently working well for them and what's not working so well.

Information from My Future My Choice can then be used to update a One Page Profile that is specific to their preparation for adulthood and based around the four life outcomes.

This can then be used in the young person's Annual Review to inform future planning and will be embedded in the Education, Health and Care Plan.

Your young person's annual review should be person centred - that means they should be included in the discussion and planning. It should focus on their aspirations for the future and result in clear outcomes and plans that will support your young person around the four pathways for the future

There are lots of new things to consider when supporting a young person to prepare for adult life. All the current information about Bath and North East Somerset is available on the



[www.rainbowresource.org.uk](http://www.rainbowresource.org.uk)

This includes year by year guides from Year 9 summarising the overall process of future planning and a glossary of terms that are commonly used around the agenda

Other sources of support and information relating to Preparing for Adulthood are detailed over the page.

***Please note that Bath and North East Somerset have a local first policy and we ask that local provision is the first consideration when planning with your young person. We suggest that you visit our local colleges for example, as early as possible to help you plan for, the future.***