6TH DECEMBER 2024

NEWSLETTER NO.2



POLIVERI





Bringing autistic voices and families together

A2ndvoice CIC are dedicated to providing essential support, activities, and events tailored to the needs of autistic individuals and their families. Including extended family and friends.

A2ndvoice CIC

Unit C214, Tooting Works 89 Bickersteth Road London, SW17 9SH

To **ensure** we can **meet your needs**, **please note** visits are by **appointment only**.

> **Contact us on** +44 (0) 7908 380 415 or +44 (0) 7947 198 362

www.a2ndvoicecic.co.uk

Our mission is to create safe, inclusive spaces where families from diverse backgrounds can access resources, share experiences, and feel understood.

Find out more about our Winter Holiday programs for our inclusive community U5s club to the 18 plus group.

Activities taken place at Chatsworth Baptist Church and West Norwood Leisure Centre between 19th December 2024 to 3rd January 2025

pr further information: holidays@a2ndvoice.com

WHAT'S HAPPENING FROM 13TH DECEMBER - 3RD JANUARY 2025







Autism Spanish Group

With english speaking staff Facilitated by JESSICA SOTA BOSOKO

New dates to be confirmed for 2025

Jessica: jsotabosoko@vahoo.co.uk Venessa: info@a2ndvoice.com (English Speaking Only)

2

A2ndvoice CIC



Our Winter Autism Family Holiday Program is for children who are not eligible for free school meals benefits related or unable to attend due to sessions being fully booked. *This is NOT a HAF provision and cannot swop the dates for free spaces.*

We are providing five days of inclusive play for autistic children with their family members, siblings are welcome to attend too.

We are not a drop off provision, responsible adult to remain with their children at all times.

Advisable to bring additional clothing due to the messy play and arts and crafts sessions.

NOTE:

- Flip Out Croydon ticket is only for SEND Child and Carer.
- Flip Out Croydon is not suitable for all autistic /SEND children and young people as the space is not accessible for SEND children who require 2:1 and 1:1 supervision.
- Waiver form to be filled in before taking part in the activities. See bookings for more details.
- Please bring £3 for Flip Out socks, cannot wear own socks.

To **book spaces** for the activities. **Scan QR code** or use link



https://eequ.org/experience/11832

AUTISM HAF PROGRAMS: WEST NORWOOD

For children eligible for free school meals benefits related we have free limited spaces available funded by Department of Education supported by Lambeth Council.

As part of the Holidays Activities and Food (HAF) program this will include free healthy hot meals and snacks provided.

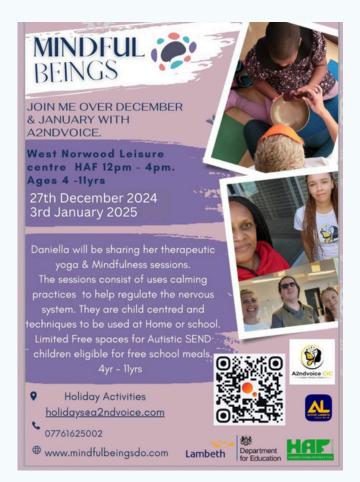
If you are unable to attend please let us know to give space to another family in time. If no shows and do not inform us, we will remove from our future holiday programs.

If you are eligible for the FSM benefits related program, please fill in this link to reserve your autistic/SEND childs space.

You can scan QR code or use the copy paste the link https://forms.gle/zKp]uLvDG 45kAn2V9







AUTISM: MENTAL WELLBEING





Autism Workshops and Q&A

WITH PAUL ISAACS Autistic Speaker, Trainer and Consultant

£8.50 per session



4th December: 9.30 - 10.30am

- Autism & Alexithymia
 4th December: 11 12 midday
- Autism & Mindfulness

6th December: 9.30 - 10.30am • Autism & Language Processing

- 6th December: 11 12 midday • Autism & Visual Perception
- **16th December: 9.30 10.30am** • Autism & Food

16th December: 11 - 12 midday
Autism as a Fruit Salad

Autism eve

Problems logging in? Please send message to +44 (0) 7947 198 362 or info@a2ndvoice.com Join our mailing list for the Winter Holiday programmes commencing 19th December until 3rd January 2025.

Contact us via email: Ref: WH2O24 holidays@a2ndvoice.com or text us on +44 (0) 7947 198 362 to join our What's App group that is shared via Broadcast mail outs.



www.a2ndvoicecic.co.uk 5

WE ARE

HIRING

VOLUNTEERS

Be part of our vibrant team

Interested in working with autistic children and adults? We host a range of indoor activities held at West Norwood Leisure Centre and Chatsworth Baptist



- Online autistic adults 18+ and 50+
- Autistic Adult Social Club 18+
- Community Inclusive U5's Stay, Sing and Play
- Swimming for Inclusive SEND families
- Family holiday programs
- Autism Gaming Club U16s and 18+
- Sensory and messy play sessions
- Autism workshops for parents
- Day trips

Interested in volunteering?

A2ndvoice are seeking three dedicated volunteers to be part of our team in facilitating or hosting our weekly/fortnightly support groups for 1 to 3 hours a week in term times, some days in the holidays.

Full training provided, uniform and expenses covered. **For more details:** hello@a2ndvoicecic.co.uk **A2ndvoice CIC** has a rich history of providing diverse and inclusive activities catering to individuals of all ages, backgrounds and cultures, with special emphasis on supporting autistic individuals and their families.

We started as an voluntary group in May 2012 and became A2ndvoice CIC in 2018, over the past 12 years, our program has been instrumental in fostering community engagement and promoting the wellbeing of the autistic individuals and their families. We also collaborate and partner with many other autism SEND and nonautism SEND organisations to bridge the gap between di!erent communities across London breaking down language barriers, culture di!erences, stigma, myths and taboos.





CHAIR BASED EXERCISE CLASSES 50+ WITH MOVEMENT WORKS





Autism Family Inclusive Groups

A2ndvoice CIC a non-for-profit organisation providing safe spaces for autistic people and their families. Working in collaboration with autistic professionals and organisations based in South London and surrounding areas.

Sessions:

- Parent Coffee Mornings
- Autism Family Fun Days
- Autistic Adults 18+ Clubs
- Autistic Elderly 50+
- Autism Holiday Clubs
- Sibling Groups
- Day Trips







+44 0 203 376 7393



+44 0 7947 198 362



www.a2ndvoicecic.co.uk