

## The Bridge

## Welcome to The Bridge Newsletter

## Have you heard of the Dementia Friendly Choir?

The Headland Baptist church host a dementia friendly choir for those living with a dementia and their families. It brings people together to enjoy the power of music and most importantly have a good time. Some of the feedback received from those attending the choir:

- "I always go out of here with a smile on my face"
- "Its welcoming and friendly"
- "It picked me up out of my depression, it made me forget my troubles at Christmas time."
- "I feel happy, nice people, I feel like I'm part of something, I belong."

For more information on the choir please contact The Bridge.



**Congratulations** to Christine and Ron the winners of our coffee morning quiz. Once a month held at The Bridge in Greenbanks Waldon street the advisors organise a coffee morning and fun quiz for those wanting to get together over a cuppa and enjoy some lighthearted fun and conversation.

This month we also held a valentine's themed coffee morning where everyone left with a rose and chocolate to spread the love.

## Important Update The Greatham Foundation

From the 17th March 2025, The Hospital of God at Greatham, will be formally known as The Greatham Foundation.

This decision was made with great care and consideration. We are proud of our heritage and excited for the opportunities this evolution brings. The Greatham Foundation allows us to continue our important work while reinforcing our commitment to those we serve.

