

### Memories in Tune

Let us entertain you on:

**Wednesday 21<sup>st</sup> January**  
**1:30pm – 3pm**  
Singer John Casey

**Wednesday 18<sup>th</sup> February**  
**1:30pm – 3pm**  
Singer Caitlin Black

**Wednesday 18<sup>th</sup> March**  
**1:30pm – 3pm**  
Singer Mathew Black

#### Location:

St Joseph's Parish Hall  
Hutton Avenue  
Hartlepool  
TS26 9PW

*(Entrance via the main car park,  
do not arrive before 1:30pm as  
the doors will still be locked to  
allow for set up)*

*A donation of £1.50 per person  
would be appreciated*

### Carers Coffee & Catch Ups

Relaxed coffee morning just for  
Carers of those living with  
dementia:

- Friday 30<sup>th</sup> January  
10:30am-11:30am
- Tuesday 17<sup>th</sup> February  
2pm -3pm
- Friday 27<sup>th</sup> February  
10:30am-11:30am
- Friday 27<sup>th</sup> March  
10:30am-11:30am  
Kathy Dales – Something  
Positive Solutions Taster  
Session

#### Location:

The Bridge, Greenbank,  
TS24 7QS

### Dementia Awareness Sessions

An Alzheimer's society initiative  
to understand Dementia and how  
it can affect someone. The  
sessions are 1 hour and give you  
a brief overview of what  
dementia is and how you can  
help people live well with  
dementia.

*(Please note we advise these  
sessions can be emotive so not  
appropriate for those living with  
dementia)*

#### Awareness Sessions:

- Monday 19<sup>th</sup> January  
10:30am-11:30am
- Thursday 5<sup>th</sup> February  
2pm-3pm
- Friday 13<sup>th</sup> March  
10am – 11am

#### Location:

The Bridge, Greenbanks  
TS24 7QS

### Coffee & Catch Ups

Come along to The Bridge to  
enjoy a cuppa and a fun quiz:

Friday 23<sup>rd</sup> January 10:30am-  
11:30am – Cleveland Fire  
Brigade attending

Tuesday 10<sup>th</sup> February 2pm-  
3pm – Valentines Theme

Monday 9<sup>th</sup> March 10:30am-  
11:30am

#### Location:

The Bridge, Greenbank,  
TS24 7QS

**Booking on all events is essential**

please contact The Bridge on  
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org.uk