

## The Bridge

## Welcome to The Bridge Newsletter

Dementia Action Week 2025

I just wanted to start this Newsletter off by saying a huge thank you to everyone who took part in Dementia Action Week this year, as it was a huge success.

We kicked off the week with a Dementia Awareness Session for those wanting to learn more about dementia and how it affects people. This followed our main event, Memories In Tune, at St Josephs Parish hall which was fantastic! We were joined by singer Mark Carter and everyone enjoyed a light lunch to refuel after all the dancing.... We finished the week off with a coffee afternoon at The Bridge and everyone left with some forget me not seeds to plant at home. Thank you to everyone who joined us in celebrating this years Dementia Action Week.





**VE Day Celebration** 

Thursday 8<sup>th</sup> May The Bridge celebrated VE Day with guests from Heugh Battery museum in Hartlepool. They brought along fantastic props from the war and told many story's. Everyone who attended thoroughly enjoyed the event and we will be looking to invite further guest speakers to our coffee mornings in the future, so look out for those on the calendar of events.

## **Did You Know?**

Johns Campaign is available to support Carers of those living with a Dementia who are in hospital.

This enables Carers to visit outside the normal visiting hours and allows them to continue to care for their loved one whilst in hospital. If your loved one has been admitted please speak with a member of staff within the hospital for further information, as each hospital varies.