

# THE BRIDGE EVENTS

JANUARY -  
MARCH 25

## Memories in Tune

Let us entertain you on:

- **Wednesday 22nd January** -  
Singer Mark Carter
- **Wednesday 19th February** -  
Singer Susan Leonard
- **Wednesday 19th March**-  
Singer Steve Taylor

**1:30pm - 3pm**

Doors open at 1:30pm please don't  
arrive before this time



### Location:

St Josephs Parish Hall  
Hutton Avenue  
Hartlepool  
TS26 9PW

*(Entrance via the main car park)*

## Carers Education Sessions



### Wednesday 29th January

2pm - 3:30pm

Getting your affairs in order:  
All about estate planning, benefits  
and will advice. Joined by Danielle  
Sutcliffe and Frances  
Whittingham

### Tuesday 25th February

2pm - 3:30pm

General information Session all  
things dementia with the  
community Dementia Liaison  
Team - Janette McGuire and Laura  
Greig

### Thursday 27th March

2pm-3:30pm

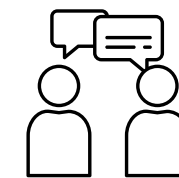
Moving and Handling Training -  
Showing how to protect yourself  
and your loved ones when  
assisting them in moving with  
Gordon Rose Training

### Location:

The Heathers, Heather Grove,  
TS24 8QZ

## Dementia Awareness Sessions

An Alzheimer's society initiative  
to understand Dementia and  
how it can affect someone. The  
sessions are between 45mins to 1  
hour and give you a brief  
overview of what dementia is  
and how you can help people  
live well with dementia.

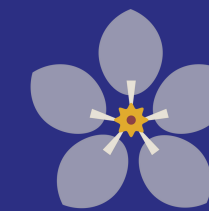
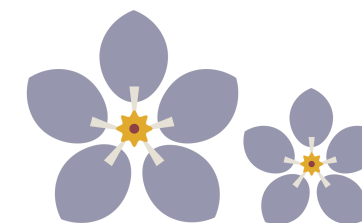


### Awareness Sessions:

- Thursday 30th January  
2-3pm
- Tuesday 11th February  
2-3pm
- Friday 28th March 10:30-  
11:30am

### Location:

The Bridge, Greenbank,  
Waldon Street, TS24 7QS



## Coffee & Catch Ups

**Come along to The Bridge to  
enjoy a cuppa and a fun quiz:**

- Tuesday 28th January  
2-3pm
- Thursday 13th February  
2-3pm
- Friday 14th March  
10:30am - 11:30am

### Location:

The Bridge, Greenbank, Waldon  
Street, TS24 7QS



For more information or to book on  
any of the events please contact The  
Bridge on 01429 868587  
thebridge@hospitalofgod.org.uk