You are completing this questionnaire because you or someone you care for has or have had lived experience of poor mental health; we will use your experience and knowledge to find ways to make services better.

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| **Introduction for this questionnaire** Some people may find this questionnaire difficult to answer, please only complete it if you feel you are up to it, we really appreciate you taking the time to even think about completing it.The forums have been reviewing the services that Crisis Teams offer and lots of people have had different experiences of trying to receive Crisis Support. Through this process of reviewing services the Forums have come up with a template of what good crisis support looks like, we would like to add to this by finding out what people’s expectations are when asking/needing crisis support, we feel this question below may help the forums to do this.  |
| **If you feel were experiencing an emotional crisis and you contact a Crisis team/service for support:**  |
| 1. **What are you expecting to happen**
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|  |
| 1. **What support are you expecting to receive**
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Thank you for completing these questions, we really appreciate your time and knowledge