

THE LIVED EXPERIENCE FORUM

Wednesday 22nd May 2024, 3pm

The CIL Centre for Independent Living,
Burbank Street, Hartlepool, TS24 7NY

Do you have Lived Experience of
poor mental health, personally or as a carer?
Help us transform services in Hartlepool!

Building on your valuable feedback
about local mental health services:

We want to hear from you!

Contact:

01642 672987

to register
your place!

◆ **Highlight of this session:**

● **Presentation from Emma Lambert:**

- Togetherall, online support for your mental health

● **Continue to review the Crisis Team report**