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Referral Form

MINDskills Recovery College provides community based support and short recovery focused courses* to help you become a specialist in your own care, make better choices and move on in your life.

Once we receive your referral a Gateway Worker will arrange to meet you and discuss your personal goals.

If you are aged 18 or over, want to improve your social and emotional wellbeing and live in the Stockton or Hartlepool area, contact the team today.

*Contact us for a full prospectus of available courses.

Contact Details (prospective learner)

Name _____ Date of birth _____

Address _____ Telephone _____

message? yes no _____ Can we leave a

Postcode _____ Email _____

GP Name _____

GP Surgery _____

Are you interested in:

Local Community Support Improving Social skills

Wellbeing Activities

1-1 Recovery support Recovery College Courses Peer _____

Referring someone on their behalf?

Name: _____ Telephone: _____

Organisation Address _____

Telephone _____

Signed:

Date: