

Hartlepool Befriending Network

Volunteering opportunities available now!

Interested in befriending individuals aged 65+ living within the Hartlepool Borough area?

As a volunteer you will:

- Offer friendship and a listening ear
- Have a friendly chat over a cup of tea or coffee
- Assist with small daily living tasks
- Accompany clients on short walks, outings or to local social groups

For more information contact:

Lee Russell, Befriending Co-ordinator

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Age UK Teesside is a registered charity. Registered Charity no. 702714