



## **FORGOTTEN SHIELDERS AND FAMILIES – THE LONG HAUL**

**Are you the family member of someone who is shielding or following the same guidelines?**

**We are gathering the feelings, experiences, thoughts and reflections of family members living with a relative who is shielding or following the same guidelines during Covid-19 lockdown and post lockdown. We want to make sure your views really do matter and your experiences are included in decision making and the mainstream. This work is supported by NHS England.**

**We are inviting you to take part in our 1st Zoom of 3 on Friday  
5<sup>th</sup> June 2020 Time: 11am to 12.30pm**

**There will be more Zoom sessions to sign up to over the next  
few weeks as well as opportunity for 1 to 1 interviews**

**We are looking for family members including brothers, sisters, daughters, sons, mothers and fathers, husbands, wives, partners, and carers.**

**We will provide interim findings and a final written summary in format(s) agreed with NHS England.**

**Please do get in touch. We look forward to sharing our stories. Together we can start to make a difference.**

**For more information on how to get involved in this Zoom event and others or to take part in our 1 to 1 interviews, case studies, videos and a new facebook page please contact [Katie@bringingustogether.org.uk](mailto:Katie@bringingustogether.org.uk)**