



Community Hub Central  
124 York Road  
Hartlepool  
TS26 9DE

We provide various services and resources which enable and empower the local community. Hubs support health literacy and self-management, provide health related events and activities, stimulate creativity and learning and connect individuals and communities.

**Action 1**

**We will provide resources that will support those with Dementia and their Carers**

We will actively seek out new resources to update and add to our existing stock.

**Action 2**

**We will play a part in educating children and adults around Dementia awareness**

We will hold events and activities throughout the year including reminiscence, and visit schools to help inform our communities and raise Dementia awareness.

**Action 3**

**We will work towards ensuring our building and staff are Dementia Friendly**

Updating signage and ensure all staff have the opportunity to become a Dementia Friend.

**Action 4**

**Take part in Dementia Action Week**

Attend planning meeting and ensure Hub Central offers activities and support throughout the week and the year.