



Hartlepool Young Onset Dementia Group
c/o 1 Mildenhall Close
Hartlepool
TS25 2RN

Support family and friends diagnosed with early onset Dementia.

Action 1

Safe Environment

Provide a safe environment in house or whilst on external visits. Including signs, communication – written or verbal.

Action 2

Group purpose

Ensure all attendees are aware of the purpose of the group, to support each other to live well with their diagnosis.

Action 3

Dementia friendly

Ensure at all times that each group member is given the opportunity to express their feelings in an understanding, friendly environment, taking into account their diagnosis.

Action 4

Group activities

Group activities are aimed at the needs of the group, to encourage participation, confidence, grow their skills and communication. Activities are Dementia friendly.