

Dementia Awareness Week in Hartlepool

Welcome to a week of activities and events



To find out more about how you manage with dementia and to talk to someone about supporting someone you care for:

Contact: The Alzheimers Society
Telephone helpline: 0300 222 1122
Website: www.alzheimers.org.uk

The Bridge, Dementia Care advice & support services.
Gemini Centre, Villiers St.
Telephone: 01429 868587
Email: thebridge@hospitalofgod.org.uk

Working towards building a dementia friendly Hartlepool
Contact: Caroline Ryder Jones
Sovereign House Community Mental Health Team
Telephone: 01429 803990
Email: caroline.ryder-jones1@nhs.net

In Partnership with North of Teesside
Dementia Collaborative Partners



Become a Dementia Friend

About living well with dementia

Great services & help – what is going on here

Facts, short talks, leaflets & technology

14th to 20th May

JRF JOSEPH
ROWNTREE
FOUNDATION

JRHT JOSEPH
ROWNTREE
HOUSING TRUST

DEMENTIA WEEK 2016

Working together to build a dementia friendly Hartlepool

JRF JOSEPH ROWNTREE FOUNDATION

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Saturday 14th May	10-4pm Tees and Hartlepool Yacht Club Launch Event Move a Memory Mile: 10:30am start, registration from 9:30am Push the Boat Out taster sessions, Multi Sport, Information stalls, Refreshments and more								
Monday 16th May	All Day North Tees Hospital-Dining Room and Concourse Alzheimers Society Pop Up Road Show	10.30am Central Library Stories and Rhyme	10:30am Throston Library Stories and Rhyme	10-12pm The Bridge Information day including stalls from CAB – benefit advice, Telecare, TBI Solicitors	1-3pm Brierton Sports Centre Functional Fitness session and Information Session	2pm Owton Manor Library Stories and Rhyme	2-5pm The Bridge – Creative Café Workshop Ipad demonstration – ‘In Your Dreams’	2-3pm Central Library, “Remember When...” A good old natter over a cuppa. Browse through photographs of Hartlepool from the library collection and remember what it was like in the good old days!	2-4pm Bamburgh Court Cake, tea, quiz and raffle
Tuesday 17th May	All Day North Tees Hospital-Dining Room and Concourse Alzheimers Society Pop Up Road Show		10-12pm The Bridge Dementia information sessions, Fire Brigade , Cold Caller, Zenith Mobility, Handyman Services		12-2pm College FE offering discounted lunches to be booked through The Bridge.		1pm-2pm Hartlepool Tesco Extra Busking Activity R Bradshaw – in the foyer	1:30pm Central Library Stories and Rhyme	2pm Seaton Library Stories and Rhyme
Wednesday 18th May	All Day North Tees Hospital-Dining Room and Concourse Alzheimers Society Pop Up Road Show				10:30am-4pm Beamish Trip Leaving from The Bridge at 10:30am and returning around 4pm Advanced booking is required		12pm Portals Place Dementia Café	2-3:30pm Albany Court Singing, cake, tea and a raffle	
Thursday 19th May	All Day North Tees Hospital-Dining Room and Concourse Alzheimers Society Pop Up Road Show	10:30am Central Library Stories and Rhyme	11:45am-2:15pm Billingham Methodist Church Hall Memory Lane Café		1-3pm Summerhill Country Park Nordic Walking Taster session and information on FLD (Fronto Temporal Dementia)		2-3pm Laurel Gardens Lounge Singalong with tea, coffee, cake and information	1-5pm Hartfields Retirement Village Joseph Rowntree Foundation Nostalgia Café	
Friday 20th May	All Day North Tees Hospital-Dining Room and Concourse Alzheimers Society Pop Up Road Show				10:30am Headland Library Stories and Rhyme	1-4pm The Borough Hall Celebration Tea Dance Includes some led sessions by qualified instructor, musicians, information stalls, refreshments and much more.			
Saturday 21th May	9-12pm The Bridge Dementia information drop in								
Tues 24th May	10-11am The Bridge Launch of Delirium Resource								