

Children's Centre Activities 2 January 2019 – 29 March 2019

Monday

Hindpool Children's Centre

Weigh, Stay & Play
9:30am – 11:00am
Baby Time

Play opportunity for non walkers
Healthy Start Drop In
Health staff on hand to offer help, feeding support and advice for under 5's
Ante-natal
(By appointment)

Lynnfield Children's Centre

Lynnfield Little Ones

9:30am – 11:00am
Make new friends and prepare your child for nursery
Suitable for walkers under 5 years

Rossmere Children's Centre

First Latch

9:15am – 10:15am
Health Visitor led group offering advice and support to breastfeeding mums
Suitable for children birth to 8 months

Latch On

10:00am – 11:30am
Parent led group for breastfeeding mums offering informal support in a relaxed environment
Suitable for breastfed children of any age

Weigh, Stay & Play
1:30pm – 3:00pm
Baby Time

Play opportunity for non walkers
Healthy Start Drop In
Health staff on hand to offer help, feeding support and advice for under 5's
Ante-natal
(By appointment)

Stranton Children's Centre

Stranton Little Ones

1:30pm – 3:00pm
Make new friends and prepare your child for nursery
Suitable for walkers under 5 years

Tuesday

Chatham Children's Centre

Weigh, Stay & Play
1:30pm – 3:00pm
Baby Time

Play opportunity for non walkers
Healthy Start Drop In
Health staff on hand to offer help, feeding support and advice for under 5's
Ante-natal
(By appointment)

Stranton Children's Centre

Weigh, Stay & Play
1:00pm – 2:30pm
Baby Time

Play opportunity for non walkers
Healthy Start Drop In
Health staff on hand to offer help, feeding support and advice for under 5's
Ante-natal
(By appointment)

Wednesday

Lynnfield Children's Centre

Weigh, Stay & Play
9:30am – 11:00am
Baby Time

Play opportunity for non walkers
Healthy Start Drop In
Health staff on hand to offer help, feeding support and advice for under 5's
Ante-natal
(By appointment)

Rossmere Children's Centre

123 Magic

9:30am – 11:30am (Term time only)
2 week course for parents to encourage positive behaviours
Booking essential, crèche available
Suitable for parents of children 2-12 years

Rossmere Little Ones

1:00pm – 2:30pm
Make new friends and prepare your child for nursery
Suitable for walkers under 5 years

Monthly Events

Hartlepool Dad's United
Rossmere Children's Centre

5:00pm – 7:00pm
Last **Wednesday** of each month
Hartlepool Dad's United are dads and male carers who plan and deliver activities for themselves and their children.

For more information call 01429 292444

facebook

Like our Facebook page
'Hartlepool Children's Centres'
to receive updates
on services and activities



Thursday

Chatham Children's Centre

Stay, Play and Have Your Say!

10:00am – 11:00am
A parent focused group looking at how you can become involved in your Children's Centres

Hindpool Children's Centre

Hindpool Little Ones

9:30am – 11:00am
Make new friends and prepare your child for nursery
Suitable for walkers under 5 years

Miers Avenue Children's Centre

Weigh, Stay & Play
1:30pm – 3:00pm
Baby Time

Play opportunity for non walkers
Healthy Start Drop In
Health staff on hand to offer help, feeding support and advice for under 5's
Ante-natal
(By appointment)

Rift House Children's Centre

Weigh, Stay & Play
1:00pm – 2:30pm
Baby Time

Play opportunity for non walkers
Healthy Start Drop In
Health staff on hand to offer help, feeding support and advice for under 5's
Ante-natal
(By appointment)

Rossmere Children's Centre

Rossmere Children's Centre
Baby Massage

9:30am – 10:30am
Suitable for babies up to 6 months
Please bring a towel
Booking essential
Maximum 1 course per baby
£16 per child per 4 week course payable in advance

Friday

Rossmere Children's Centre

Weigh, Stay & Play
9:30am – 11:00am
Baby Time

Play opportunity for non walkers
Healthy Start Drop In
Health staff on hand to offer help, feeding support and advice for under 5's
Ante-natal
(By appointment)

Time on your hands? Want to work with children?

Have you ever considered volunteering in your local Children's Centre? We have volunteering opportunities in a range of roles. Your Children's Centre could provide you with valuable knowledge and experience in a work setting.

Volunteering In Your Community Level 1 will take place in Hindpool Children's Centre on Wednesdays from 9th January to 20th March 2019 between 9:30am and 12:00pm term time.

To book your place on the next course please call Adult Education on 01429 868619. You will be required to go to Adult Education on Tower Street to enrol, prior to starting.

Why not check out Volunteer Hartlepool
www.volunteerhartlepool.org.uk
for more opportunities.

Important Information

In accordance with the new Data Protection laws, we are required to tell you how and why we will use you data. We have updated our Children's Centre Privacy Notice and this can be viewed either at the Children's Centres or on our website at www.hartlepool.gov.uk/privacy-notice. We would like to continue to send you information, by post, about our exciting events, activities and services. **However, if you do not wish to receive this information anymore, you can withdraw your consent to the processing of your information for this purpose at any time by contacting any Children's Centre.**