



Incontrol-able CIC
Centre for Independent Living
Burbank Street
Hartlepool
TS24 7NY

We are a Disabled Peoples User Led Organisation that delivers services that impact on the lives of Disabled and Older People in Hartlepool.

Action 1

Supporting reminiscence and access to technology

We currently run projects called Ricochet and Project 65 that are available to individuals living with Dementia and their Carers/Families, that can help re-ignite happy memories from their past. It's also about giving the individual and their Carer/Families time away from the Dementia and has the opportunity for them all to be in the same place within a particular memory. Ricochet available to June 2018 and Project 65 until November 2018.

Action 2

Awareness

Our manager will arrange for all staff and volunteers to attend awareness session on Dementia as required, to ensure greater understanding of the condition and how we can help.