

HARTLEPOOL VCS NEWS





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Have your say

Are you wanting to promote an event, course or vacancy?

If you would like a space in the Hartlepower Newsletter, please get in touch with either emilycrawford@hartlepower.co.uk or jamesirvin@hartlepower.co.uk.



18th January 2022: Sector Connector 54 on Zoom 10-11:15am.

25th January 2022: Hartlepower CIO will be hosting an *Introduction to Writing a Funding Application*. This will be a free event, open to anyone held at Greenbank between 9:30 and 12:30. As there will be limited capacity, please contact Juli Simons to confirm your attendance at:

julisimons@hartlepower.co.uk

1st February 2022: Sector Connector 55 Live at Greenbank 10-11:15am.

21st February 2022: *Rebel initiative* – a free, 10 day course for people with an interest in starting a new business, commencing 21st February 2022. The inspiring, lively and engaging guidance on setting up in business as self-employed can be accessed either through attending the live event over two weeks at Hartlepool College or virtually, through Zoom or other video-sharing platforms

See here: <https://therebelschool.com/hartlepool/>



TACKLE YOUR WEIGHT



Come together with Poolies fans like you and reach your goal of a healthier lifestyle.

Join the 1000s of football fans who've already lost weight with FIT FANS. Get your FREE place on our next 12 week course at efltrust.com/FITFANS



Better Health LET'S DO THIS

FIT FANS - invites adults aged 35-65 years to a 12 week healthy lifestyle multi component programme delivered by our coaching staff at HUCSF. Fit Fans is proven to help people achieve significant long-term improvements in weight loss, physical activity, diet and psychological wellbeing. The 12 week course starts W/C 17th January 2022 at the *Suit Direct Stadium* in Hartlepool.

Featuring...



Support available:

- Budgeting Advice
- Healthy Eating
- Digital Access
- Benefit Checks
- Utility Bills
- Volunteering

Save Money Hartlepool

January 26th

@Community HUB Central (York Road) 11am - 1pm

Everyone is welcome to pop-in and speak with local people, organisations, and services in attendance. Sharing tips and tricks on how to save money, maximising income, and bolstering budgets. Partners working across Hartlepool have so far been able to put £1,000,000 back into the pockets of people in our town. Come along and see how much you could be better off by. Contact 07989 207804 for more information.

Community Hub events – Several events are being held throughout the month for a wide range of ages, these range from children’s reading clubs to adult arts and crafts, to find out the details, see here:

https://www.hartlepoolnow.co.uk/blog_articles/3433-free-activities-the-hub

The Fuel bank Foundation would like to promote their service to help those without energy, The Fuel Bank help is only there for households:

- **that have already disconnected and are living without energy today**
- **or are about to disconnect (i.e. within the next 24/48 hours) with no cash in sight to keep the meter running**
- **or where energy is flowing, but they are making significant and material sacrifices elsewhere that greatly impact the well-being of the household**

Over the next few months, if you know that there are people within your team who need training now, please let the Fuel Bank know by dropping a line to partners@fuelbankfoundation.org.

THRIVE

Second intake of a free six-week course for women.

Starting
26th Jan
2022



Safe and welcoming environment
Likeminded people
Developing Employability skills
Inspirational talks and visits
Volunteering opportunities
Interview techniques
Access to new job roles
Support with applications and interviews

All course participants will be offered an interview for paid job roles at the end of the course.

Wednesdays 11am-2pm, The BIS , Whitby Street,
Hartlepool

For more information and to apply, email Vicky
vickyjax@yahoo.co.uk

To be eligible to apply you must be currently out of work or education

BLOOM_{in}ART

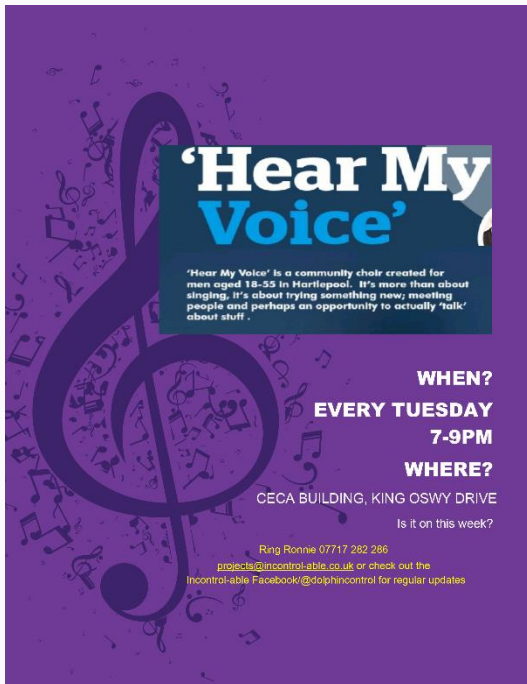


European Union
European
Social Fund

Education & Skills
Funding Agency

Thrive are running a free 6 week course for women to develop employability skills. This will take place on Wednesdays from the 26th of January 11am-2pm

at the *BIS*, Whitby Street, Hartlepool. If you need any information or wish to register interest, email Vicky at: vickyjax@yahoo.co.uk



'Hear My Voice'

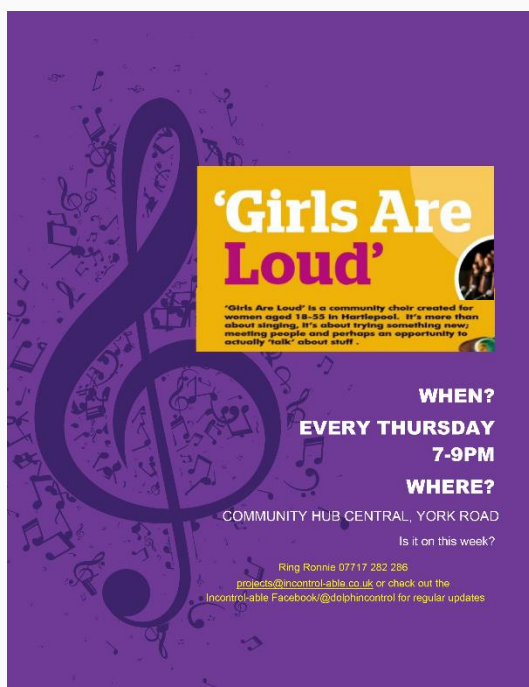
'Hear My Voice' is a community choir created for men aged 18-55 in Hartlepool. It's more than about singing, it's about trying something new, meeting people and perhaps an opportunity to actually 'talk' about stuff.

WHEN?
EVERY TUESDAY
7-9PM

WHERE?
CECA BUILDING, KING OSWY DRIVE

Is it on this week?

Ring Ronnie 07717 282 286
projects@incontrol-able.co.uk or check out the
incontrol-able Facebook/@dolphincontrol for regular updates



'Girls Are Loud'

'Girls Are Loud' is a community choir created for women aged 18-55 in Hartlepool. It's more than about singing, it's about trying something new, meeting people and perhaps an opportunity to actually 'talk' about stuff.

WHEN?
EVERY THURSDAY
7-9PM

WHERE?
COMMUNITY HUB CENTRAL, YORK ROAD

Is it on this week?

Ring Ronnie 07717 282 286
projects@incontrol-able.co.uk or check out the
incontrol-able Facebook/@dolphincontrol for regular updates

Hear My Voice are reopening their doors every Tuesday 7-9pm and Girls Are Loud are back on Thursday 7-9pm, both at the *Community Hub Central, York*

Road. Whether you're a veteran or have experience singing to the rubber duck in your shower, check them out if you have a passion for singing!

Room Availability

We have plenty of rooms available for functions and new spaces available in *Hartlepower Hubs 1 & 2*. If you are interested in finding out more information, please get in touch with Clair Gilbraith here: ClairGilbraith@hartlepower.co.uk



Sector Connector Notes

Hartlepool Borough Council Volunteer Coordinator – Tracy Harvey

Tracy has been providing voluntary opportunities across the breadth of Hartlepool. 30 Volunteers were recruited last month. To help her to continue providing opportunities to volunteers as well as getting new volunteers, Tracy has created a new Facebook page; <https://www.facebook.com/Community-Volunteering-in-Hartlepool>, if you think can help by volunteering or offering roles to volunteers, please get in touch.

Get in Touch: tracy.harvey@hartlepool.gov.uk



VOLUNTEER AND HELP COMMUNITIES ACROSS HARTLEPOOL TO THRIVE

Giving just a small amount of your time can make such a big difference to someone's life and the community they live in.

If you have a couple of hours or more to spare, we have lots of interesting volunteering opportunities in unpaid roles across the town.

Not only will you be helping local communities to flourish, you'll broaden your own skills and experience and make new friends ...



Hartlepool Community Hub Events **Coordinator – Donna Stone**

Donna has been busy organising activities to help increase community

engagement and combat social isolation in the runup to and past Christmas. This has mostly been to the benefit of elderly residents of the areas surrounding the hubs and provided in the form of coffee mornings. To this end, other activities at the various Hubs are returning and can be found below. In addition the *Bread and Butter Thing* will be starting back up at the *Community Hub Central*.

Get in Touch: Donna.Stone@hartlepool.gov.uk

HUB PROGRAMME COMMUNITY HUB SOUTH

WYNYARD ROAD | HARTLEPOOL | TS25 3LQ

FREE PARKING AVAILABLE ON SITE

TUESDAY 4TH JANUARY 2022

CHILDREN'S STORIES AND RHYMES

Suitable for children under 5 years 10am - 11am

THE BREAD AND BUTTER THING

Every Tuesday, pre-registration required, collect from 2pm

text 07537416040 to sign up. For further information visit www.thebreadandbutterthing.org/

HARTLEPOOL CARERS DROP IN

Carers can pop in for information, advice or to register every Tuesday between 1pm -4pm

WEDNESDAY 5TH JANUARY

SOCIAL & ACTIVITY GROUP DROP IN SESSION

Reconnect after a Stroke - family and friends welcome 2.30pm - 3.30pm. For further information contact Hartlepool Support Hub 01429 272905

MENS YOGA

6pm-7pm. These sessions are free and available to all ages, no booking required. For further information visit <https://yogamike.co.uk/mensyoga/> or call 07717 727611

THURSDAY 6TH JANUARY

HUB SOCIAL

1.30pm – 2.30pm. Join us for lots of activities, a cuppa, and a chat

GAMBLERS ANONYMOUS

7pm-9pm for further information call Community Hub South on 01429 272631

AVAILABLE MONDAY - SATURDAY EACH WEEK

SENSORY ROOM

Booking available for individual/group sessions, contact Community Hub South 01429 272631 for further details

MOTOMED

Specialist stationary cycle bike to aid mobility, available Monday to Friday every week, contact Hartlepool Support Hub 01429 272905 for further details

LIBRARY

A range of books and eBooks to borrow, download and read.

If you have any questions drop in to Community Hub South Monday - Friday 10am-4pm or Saturday 10am - 12pm, email community.hubs@hartlepool.gov.uk or call 01429 272631 to speak to a member of the team (Community Hub South re-opens from Tuesday 4th January 2022)



HARTLEPOOL
COMMUNITY HUBS

 HARTLEPOOL
BOROUGH COUNCIL



HUB PROGRAMME
COMMUNITY HUB CENTRAL
YORK ROAD | HARTLEPOOL | TS26 9DE

DIRECT BUS ROUTE AND FREE
PARKING NEARBY FOR UP TO 3 HOURS

TUESDAY 4TH JANUARY

HUB BINGO

Good company and plenty of laughs. Bingo also available on Zoom! Ask us for the code and join the fun from 11am.

HUB PUZZLES

Test your skills at puzzle building from 11.30am

WEDNESDAY 5TH JANUARY

BABY BABBLE

Songs and rhymes for under 2's 10.30am - 11.30am & 1.30pm - 2.30pm

WORTH IT WEDNESDAY

A new social inclusion project aimed at men aged 18-35, aiming to lower the impact of social isolation on men's mental health every Wednesday 2pm - 4pm.

THURSDAY 6TH JANUARY

CHILDREN'S STORIES & RHYMES

For children under 5 years 10.00am - 11.00am & 11.30am - 12.30pm

WEST VIEW ADVICE & RESOURCE CENTRE (TELEPHONE ONLY)

Appointments available with an advisor 10.15am - 1.15pm. To book an appointment please call 01429 271294. Due to revised Covid 19 regulations all appointments will now be over the telephone.

THE BREAD AND BUTTER THING

Every Thursday. Pre-registration required. Collect from 12pm. People interested in using TBBT affordable food service need to register as members and should contact TBBT at hello@breadandbutterthing.org or text 07537 416040. For further information visit www.breadandbutterthing.org/

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FRIDAY 7TH JANUARY

HARTLEPOOL AND EAST DURHAM DIABETES GROUP

Drop in session between 10am - 1.45pm

HUB SOCIAL

Join us for a cuppa, a chat and lots of activities! 11am - 12noon

UK SMART RECOVERY PROGRAMME

Are compulsive or addictive behaviours causing you problems? Join a supportive group to help aid your recovery 2pm - 3.30pm. Contact substance misuse@hartlepool.gov.uk or call 01429 285000 for further information

AVAILABLE EACH WEEK DAY

DIGITAL SUPPORT TEAM / BLUE DICE

We offer Digital Support to the elderly, isolated and vulnerable members of our Community. Our aim is to get people connected online, to socialise and learn new skills.

LIBRARY

A range of books and eBooks to borrow, download and read.

MOTOMED

Specialist stationary cycle bike to aid mobility available Monday - Friday every week contact Hartlepool Support Hub on 01429 272905 for further details.

CAFE @ THE HUB

Open Monday - Friday 10am - 2pm. A variety of food and drinks available for a small charge. Chatty café scheme offered here!

For further information visit us Monday - Friday 10am - 4pm
email community.hubs@hartlepool.gov.uk or call 01429 272905
to speak to a member of the team. Community Hub Central re-opens
Tuesday 4th January 2020



HARTLEPOOL
COMMUNITY HUBS



HARTLEPOOL
BOROUGH COUNCIL

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Food Council Coordinator - Julie Collins

Every Monday from 6:45-9pm Foodcycle have been organising a meal for

socially isolated individuals and are looking for volunteers as well as other attendees. Should you know anyone who would be interested in either attending or volunteering please get in touch.

[Advice@Hart](#) are offering crisis support, this service requires a way of identifying yourself, such as a letter, or by calling in advance, and they can help provide 3-7 day food parcels and fuel vouchers. They also offer great advice surrounding benefits.

Julie is also encouraging other individuals and organisations to reach out regarding food provision around the town. If they wish to do any projects or need advice with help provisioning food.

Finally the [Holiday Activity Food Fund](#) is ongoing, this funding will be around for the next 3 years and targets help for kids on free school meals in the school holidays, to find out more click here; <https://haf2021.org/>

Get in Touch: juliecollin@hartlepower.co.uk

[Food Provision Site Map](#)

[Alice House Hospice](#) – **John Dunbar**

John has been instrumental in setting up a group to help Dad's around the town called *Like a Dad*. This helps to form relationships between dads and kids and assists them in finding other groups which can help; improve their mental health and general wellbeing as well as fostering relationships between the caregivers and their kids as well as giving peer support. Drop-ins are available at *Park Tower* in the [Virtual Reality Centre](#). If you or someone you know would like to attend please message John.

Get in Touch: jdunbar@alicehousehospice.co.uk

[The PFC Trust](#) - **Joe Dunne**

The [Rebel Business Course](#) will be starting soon. This is a 2 week event

starting the 21st of February and will start 9:30-2:30. This course will teach people with no prior experience how to start a new business. This is a free course and everyone is welcome, to find out more check here though attendance to each day isn't a requirement the first day is highly recommended. Previous Rebel events have had a 50% success rate getting people into self-employment.

Get in Touch: joe.dunne@thepfctrust.org



FREE TWO WEEK BUSINESS COURSE
AVAILABLE FOR ALL IN HARTLEPOOL

"Going on the course gave me the confidence to make things happen. You may not get this opportunity anywhere else, not for free anyway!"

– Natasha Brathwaite, Coco Delights
cocodelights.co.uk

It's never been more possible to build a business idea without spending money. Let us show you how.

Join from 21st February – 4th March
Hartlepool College of FE or online on Zoom
Find more information and sign up:
therebelschool.com/hartlepool

Course Partner:

THE PFC TRUST
Hartlepool Charity No. 18207

REBEL BUSINESS SCHOOL

Since our very first event, not a single person has paid to attend a Rebel Business School. The course is completely free as it has been sponsored by local partners.


We make business possible

Hartlepool Acton Lab - Jan Grey

Jan has been incredibly busy over the Christmas period, working around the town to assist those in poverty, facing addiction or who have been exploited with food parcels, energy and fuel advice.

Social Action Leadership has been able to garner 120 volunteers for use around Hartlepool, if anyone is in need of volunteers or knows someone who does, get in touch with Jan.

Soft Handover, has been another scheme launched to assist with people

attending the Jobcentre and offering them support emotionally, offering advice and signposting them to other services they can attend, as well as assisting Jobcentre employees in how to handle an emotional person.

Save Money Hartlepool is hopeful ahead of it's launch on the 26th of January in the Hartlepool Central Hub. This will be guidance on how to save money ranging from food and energy advice to being signposted to other services. Every month they hope to host in a new location.

Get in Touch: janette.grey@jrht.org.uk

Street Games - **Lindsey Hildreth**

Lindsey has been bringing sport to the youth of Hartlepool, through the concept of *Doorstep Sport*, providing children and young adults access to the means of participating in sport, by helping get sports equipment to prominent youth areas like *Kilmarnock Road* and the *Belle Vue Centre*.

Street Games have also underwent a reboot, training new staff members, giving older group members the ability to progress through a voluntary programme, this coincides with the *Together Fund*, where the work of these new members will be to find areas that require funding for sports equipment and fulfilling that need.

Get in Touch: lindsay.hildreth@streetgames.org

Covid Engagement Officer – Hannah Goodman

Hannah's role is to keep Covid Champions up to date with all information Covid related. This is information given to individuals in a concise yet readable format to help promote awareness and halt the spread of misinformation. Covid champions are members of the public from all walks of life and help to spread the governments message in their own groups. To become a *Covid Community Champion*, or to report issues surrounding Covid in the town, such as difficulty

accessing vaccination sites should get in touch.

Get in Touch: hannah.goodman@hartlepool.gov.uk



WALK-IN VACCINATION CLINICS

(no appointment needed)

Tuesday 11th January	2pm – 7pm	Victoria Rd Medical Centre
Wednesday 12th January	8.30am - 1.30pm	Hartlepool Town Hall Theatre
Wednesday 12th January	10am – 5pm	Mill House Leisure Centre
Saturday 15th January	10am – 5pm	Mill House Leisure Centre

Clinics open to anyone aged 16 or over and no appointment is needed. First and second doses and boosters available. There must be at least 12 weeks between first and second doses for ages 16 and 17, and at least eight weeks for ages 18 and over. There must be at least three months between a second dose and a booster.

Belle Vue Centre Youth Coordinator - Gil Parker

The Belle Vue Centre has re-opened and is now fully operational. Groups of up to 30 young people can be in attendance for these different activities. They are open five nights a week for five to eleven year olds able to attend Monday, Wednesday and Friday between 16:30-18:00. eleven to nineteen year olds can also attend the same days between 18:30-20:30. Booking is required due to limited spaces. The FareShare foodbank has also reopened at the Belle Vue Centre and can help with gas and electric issues through Aviva vouchers.

Get in Touch: gil.parker.bellevuecentre@gmail.com

Hartlepool United Community Sports Foundation – **Tracy Gatiss**

The foodbank service at Hartlepool United's -The Suit Direct Stadium has resumed on Mondays by appointment only. If you want to receive help or know someone who does, contact Tracy here. After receiving food parcels, individuals will be signposted to other services that may be of use to them.

Get in Touch: Tracy.Gatiss@hartlepoolunited.co.uk

Transformers HPL – Gina Mainoo and Nomusa Malinga

Transformers HPL have been created in an effort to help cultivate a diverse community in Hartlepool. In October, they helped to champion Hartlepool's Black History Month in 2021, by going into schools and raising awareness around inclusivity. They are hoping to gather people together to help raise awareness for people of all ethnicities and in turn make Hartlepool a more inclusive place. To further their goals for inclusivity, they are reaching out to other organisations for volunteers, collaboration, and venues.

Get in Touch: nomusamalinga176@gmail.com

Hartlepower – **Juli Simons**

Juli is going to be presenting a course called Introduction to *Writing a Funding Application*. This will take place on the 25th January between 9:30-12:30. This will hopefully help to answer any questions and produce clarity surrounding the whole bid writing process.

There will also be a survey held soon surrounding communication in the voluntary sector. This will take place as a prelude to a march event in association with the Hartlepool Action Lab which will discuss new ways and improvements in existing methods which all of the Voluntary Sector communicates internally as well as externally.

Get in Touch: Julisimons@hartlepower.co.uk

Vacancies – paid & voluntary

Hartlepower CIO are recruiting for a new Administrator/Receptionist

Hartlepower are seeking a hard-working candidate to join our team! If you would like to apply, check the link below:

See: <https://hartlepower.co.uk/careers>

Hartlepool Carers is recruiting

See: <https://www.hartlepoolcarers.org.uk/usefulinformation/vacancies/>

Hartlepool Covid Community Champions is looking for new Champions

See: <https://www.hartlepoolnow.co.uk/pages/home/hartlepool-community-support-hub/covid-toolkit>

Hartlepool Borough Council is currently looking to recruit a Participation Manager (sport & physical activity)

See:

https://www.northeastjobs.org.uk/job/Participation_Manager_Sport_Physical_Activity_/218509

Your views: Consultation & feedback

|Hartlepower VCS News, Sector Connector Notes, Events and Funding Feedback Form|

Thank you to all those who gave their feedback on the last Newsletter, we have taken your suggestions on board and have been working hard to implement them, like the quick navigation tab. We hope you will continue to send us feedback to make this newsletter the best it can be.

[Sector Connector Survey](#)

| A survey to find out how Hartlepool community projects and services communicate information to Hartlepool Residents|

There is no doubt that the support available to people in Hartlepool is varied and vast. Yet there are people across Hartlepool who are unaware of the support offered and available to them!

It would be amazing if we could all come together, as communicators and begin sharing best practices and reviewing our efforts which haven't gone as well as we would have hoped. The first step is a few minutes of your time to fill in the following survey at the link below.

This information will help us develop a baseline of where we all are and the ways we are reaching out to people, letting them know the work we do. Another survey will run alongside this and will be sent out(via social media, email, website, etc.) to the public.

We will then look to bring the community sector together for an event in March to both discuss the survey results and learn from each other about what has worked well within your own communications.

We are hoping this will help us all become better communicators, sharing effective methods of sharing information and reaching people in Hartlepool.

More information to follow but for now, it would be a **huge** help to fill in the survey.

[Communication Survey](#)

| **Dentistry - Share your experiences with a chance to win a £50 voucher** |

We know that many people have struggled to access the dental care they need during the pandemic. We want to hear about your experiences of trying to use a dentist since March 2020. Tell us what worked well for you and what could be better so we can help providers improve their services. Please follow the link below and help us make your experiences better:

Healthwatch Hartlepool is the independent champion for people using health and social care services in Hartlepool. We talk to local people about their experiences of using services and share feedback with commissioners and service providers to ensure people's voices are heard. Your feedback will be stored safely and used anonymously. The survey will take about 5-10 minutes to complete.

If you would prefer to talk to us about your experiences, have any queries, or would like a paper version of the survey and freepost envelope, please contact them on 01429 288 146 or email them at yoursay@healthwatchhartlepool.co.uk

As an added incentive, people who share their experiences will be entered into a prize draw to win £50 of Love to Shop vouchers.

[Dentistry Survey](#)

A selection of funding opportunities

Arts Council England: Let's Create Jubilee Fund

£750-£10,000. Deadline February 28th, 2022 (portal opens in January).

This £5m programme will support voluntary and community organisations to develop creative and cultural activities as part of the celebrations. UK Community Foundations will administer the fund and applicants will be encouraged to partner with established artists, creatives and cultural organisations to develop their activities.

[More](#)

National Lottery Heritage Fund

The fund will invest £5m in supporting communities across the UK to re-connect with the nature on their doorstep. Communities will be encouraged to take action to help natural green spaces flourish as a legacy of the Jubilee. An additional £2m will create 70 paid placements for young people from under-served and disadvantaged backgrounds. These employment opportunities will provide the skills, experience and practical qualifications for those looking to enter a career in wildlife and nature.

[More](#)

Persimmon Community Champions

[Persimmon Community Champions](#) is here to fund local good causes across the UK.

Each of our 31 businesses and our PLC head office are giving away up to £2,000 every month – that's a whopping £64,000 a month available to fund local community initiatives.

They have supported thousands of community groups and charities over the years and need your help to ensure thousands more local good causes can benefit.

Applying for a donation is really simple. All you need to do is complete the online form by clicking the More link below, telling them why your group or charity deserves our donation.

Included in your application we need to know how much you want to have donated. Remember to include name and location of the initiative so that we can ensure the right business receives your request.

[More](#)

National Lottery Awards for All

A quick way to apply for smaller amounts of funding between £300 and £10,000.

They can support you to:

- continue to deliver activity - whether your community needs crisis response, recovery or business as usual activity
- change and adapt, becoming more resilient to respond to new and future challenges.

The Awards for All programme is now accepting applications that celebrate the Platinum Jubilee. These should still meet their standard aims and eligibility criteria. Although not a requirement, the strongest projects will also promote

relationships across generations or develop the skills and experience of communities or encourage the care of/action in the natural world as part of the celebrations. Applications can also be accepted for one-off events on the day of the Jubilee which meets these criteria. The strongest applications will demonstrate a lasting impact beyond the event itself and it is likely we will receive more applications than we are able to fund. In order to support your project starting on time applications for funding for Jubilee projects should be received no later than 31 March 2022.

[More](#)

Recent research



|DRAMATIC RISE IN CHILD POVERTY IN NORTH EAST ENGLAND IN THE LAST FIVE YEARS SHOWS THE SCALE OF THE 'LEVELLING UP' CHALLENGE|

How much worse will things become?

The following research from Loughborough University for the End Child Poverty campaign was reported last May.

<https://www.endchildpoverty.org.uk/dramatic-rise-in-child-poverty-in-north-east-england-in-the-last-five-years-shows-the-scale-of-the-levelling-up-challenge/>

Given the end of the Universal Credit uplift, the ongoing inflationary rises in essential household items, pandemic-related uncertainties in the local economy and the imminent, huge increases in household energy costs - it might reasonably be asked, what needs to be done? And by whom?