

My Views for My Review of My Education, Health and Care Plan

The annual review is a really important way of making sure that we understand your preferences and what you would like for your future.

This form is just to give you some ideas about what we would like to know in your review. You can share your thoughts however you would like, with words, pictures or even photographs!



My Name

Who has helped you complete this form?

My School, College or setting

The date of my Annual Review meeting

How do you feel about your life at the moment?

What is important to you? What have you achieved in the last year that you are proud of? What could be done to make your life better?



What do you enjoy?

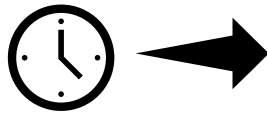


What can make you
anxious or stressed??



What helps you achieve?

Think about when you are learning at your best, what does this look like? Do you need pictures to help you understand, or the teacher to give you extra time?



What are your hopes and dreams for the future?

Would you like to go to college or university, if so, what would you like to study? Where would you like to live? Would you like to work or volunteer?



Do you have any questions you would like to ask in the review meeting?



Education and future employment

Do you like going to school/ college? What do you find hard? What do you find easy? Is there any extra support you would like with your learning?



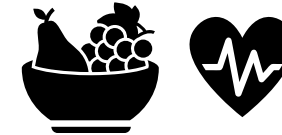
Communication Participation and Social Interaction

What helps you communicate? Do you have friends who you spend time with? What do you like doing when you are not in school or college? Is there anything you would like support in doing outside of school or college?



Independence

How confident do you feel to do things independently? What do you still need help with? What would you like to do?



Good Health and Well-Being

How would you describe yourself? Do you ever feel very stressed or angry, if so, what do you do to calm down? Do you have any health conditions, if so, do you understand them?