

Children's and Joint Commissioning Services

Supported Programme of Short Break Activities

| Activity title | Description | Age range aimed at * | Days | Times | Contact |
|----------------------|--|-------------------------------------|---|--------------------|--|
| Children's Fun Club | Held at Hartlepool Special Needs Support Group – planned programme of activities are: toy room, food taster sessions, crafts, cold cookery, sensory light room, music, dance, children's entertainer, Wii, play station, computer, table and team games also themed evenings Halloween, Christmas, Easter, picnic in park with sports. | 3 to 12 yrs old | Mondays | 5.30pm to 7.30pm | Hartlepool Special Needs Support Group (01429 863766) |
| Youth Club | Held at Hartlepool Special Needs Support Group - social gathering with the following activities on offer: food taster sessions, crafts, cold cookery, sensory light room, music, dance, entertainers, Wii, play station, computer, table and team games also themed evenings Halloween, Christmas, Easter. | 13 to 18 yrs old | Wednesdays | 6.00pm to 8.30pm | Hartlepool Special Needs Support Group (01429 863766) |
| Adventure Activities | We will provide 10 full days of supported physical adventure activities, some of which would be water based at Hartlepool Marina. They would be physical activities offering new but enjoyable challenges. Transport is included. | 5 to 10 yrs old 11 to 18 yrs old | Held sporadically throughout the year, mainly Summer Months, Saturdays. For exact details visit www.hf1.org.uk | 9.00 am to 3.00 pm | Paul Thompson - Families First NE (01429 867016) |

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| STREET Project | Based at One77, the service offers young people the chance to take part in a range of activities such as: cookery, crafts, dance, music, Wii, Karaoke, games, theme based workshops, days out and more. Activities are usually at the request of young people. Transport available on request. | 12 to 18 yrs old | Mondays and Thursdays NOW HELD 50 WEEKS PER YEAR | 5.30pm to 8.00pm | Nic Thompson Families First NE (01429 867016) |
| STREET Juniors | Based at One77 it is built upon the successes from the Street project and experience learned. Transport available on request. | 5 to 11 yrs old | Mondays Fridays NOW HELD 50 WEEKS PER YEAR | 5.30 – 7.00pm 5.30 – 7.30pm | Nic Thompson Families First NE (01429 867016) |
| Multi Skills Session | In association with Sports Development and based at the Brierton Sports Centre. It offers basic football coaching skills leading to improved coordination skills and team building. The project has been developed to also include a different sport each week which is chosen by those who attend. Transport is available on request. Lunch and drinks are also provided. | 5 to 9 yrs old And 10 to 18 yrs old | Every Saturday Excluding Christmas | 11am to 1.00pm | Nic Thompson Families First NE (01429 867016) or Daniel Garthwaite- Sports Development (01429 523599) |
| SNIPS Afterschool club | Based at Hartlepool Families First within One77. It offers an afterschool service for children with additional needs, 5 days per week. Children are provided with a healthy snack as part of the service. Including transport. | 5 to 18 yrs old | Monday to Friday Term time only | 3pm to 5.30pm | Nic Thompson Families First NE (01429 867016) |

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| HFF Holiday Schemes | The provision offered by Hartlepool Families First during holidays centres around taking the children and young people out on a range of excursions around the North East of England. Visits may include social, physical and educational places such as: The Hancock Museum in Newcastle, Ice Skating in Billingham, South Shields, The Funshack at Seaham and Whitby. The intention is to give the children and young people a supported experience that they may otherwise not get. | 5 to 19 yrs old | Monday to Friday every school holiday (not Christmas) | 9.00am to 3.00pm | Nic Thompson Families First NE (01429 867016) |
| HSNSG Holiday Activities (Summer only) | Held at High Tunstall School. Hydrotherapy, swimming, arts, crafts, cold cookery, specialised bikes, outdoor and indoor games, sports and physical sessions, dance, music pottery, beauty, farm bus, and a variety of children's entertainers. | 3 to 19 years | Tues – Thurs During 6 weeks school holidays | 10.00am – 3.30pm | Hartlepool Special Needs Support Group (01429 863766) |
| HSNSG Holiday Activities (not Summer) | Held at Hartlepool Special Needs Support Group and other community settings. Planned trips to soft-play venues, cinema, bowling, adventure world and live shows. | 3 to 19 years | During school holidays – Contact HSNSG for exact details | Contact HSNSG for details | Hartlepool Special Needs Support Group (01429 863766) |
| Autism specific group using Social Eyes as a framework | Social Eyes is a new and innovative approach to facilitating social skills and social understanding with people on the autism spectrum. Launched by The National Autistic Society in 2010, this learning resource has been developed with people with autism and Asperger syndrome, along with leading professionals in the field. All Social Eyes resources have been extensively piloted and re-piloted with ongoing development and research since 2005. | Details to be confirmed | Wednesday Evenings | 6.00pm – 7.30pm | Nicola Thompson - Families First NE (01429 867016) |

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| | <p>Social Eyes does not ask people on the autism spectrum to change 'inappropriate' social behaviour, or to acquire social skills by copying the 'typical' behaviour of others. Instead, it gives people the option of learning social interaction skills or alternative social strategies. Social Eyes focuses on eight social skills that people on the autism spectrum can have difficulty with, including starting a conversation, eye contact and personal space.</p> <p>These session take place on a Wednesday evening from 6.00pm to 7.30pm. To make a referral to this service please contact Nicola Thompson, Section Head for Children and Young People, on 01429 867016 or email nicola@familiesfirstne.co.uk</p> | | | | |
| Fun Ability | A mix of taster sporting activities for children and young people held at Brierton Sports Centre | 6 years and older | Every Thursday, excluding Christmas period | 4.30pm – 6.00pm | Daniel Garthwaite 01429 523599 |
| Football coaching & multi- sport sessions for PAN disability Young People | Provided by Hartlepool United Community Sports Foundation, sessions are free to attend - play in a safe, fun environment with fully qualified staff | <p>Ages 12 – 18 years</p> <p>Ages 5 – 11 years</p> | <p>Every Tuesday at Brierton 3G Pitches</p> <p>Every Wednesday Headland Sports Centre</p> | <p>4.30 6pm</p> <p>4.30 – 6pm</p> | <p>For further information contact hucsf@hartlepool.co.uk</p> <p>or call 01429 862595</p> |

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PLEASE CHECK AVAILABILITY WITH THE PROVIDER AS CHANGES TO THE PROGRAMME MAY HAVE CHANGED WITHOUT PRIOR WARNING

In addition to the above, the following is also available for families to access:

- The Parent Led Forum (1 Hart 1 Mind 1 Future), also provide parent support, together with organising many social events and family led activities. You can contact them using the following: email: HartMindFuture@yahoo.co.uk or TEXT message: **07896 054361**, to let them know you are interested in accessing the group. You can also find them on Facebook: 1Hart, 1Mind, 1Future Group Forum or check out their website: www.1hart1mind1future.co.uk. To register with the group you can contact them either via email or the contact number above
- You can also access the Local Offer of Services, which will provide you with information on local services and across the region for parents, children and young people (0 – 25years), with additional needs and/or a disability. The link to the site: www.hartlepoolnow.co.uk

- The Children's Hub - provides free impartial information, advice and guidance for children, young people, parents/carers, families and the professionals working with them. To contact the Children's Hub call: 01429 284284
- SEND Information, Advice and Support Services – Providing free, confidential, impartial support for parents, carers, children and young people aged 0 - 25 years in relation to special educational needs and disability, including Independent Support for Children and Young People going through an EHC Assessment or Review of an EHC Plan. Contact: Tracy Liveras on: 01429 284876 or by email: HARTLEPOOLIASS@hartlepool.gov.uk also check out the website for more information about the service: <https://www.hartlepoolsendiass.co.uk/>
- Daisy Chain - A haven for families affected by Autism based in Stockton on Tees. Tel No: 01642 531248. Email Address: info@daisychainproject.co.uk or visit their website at: www.daisychainproject.co.uk
- Main Project - group supporting families affected by Autism, based in Middlesbrough. Tel No: 01642 608012. Email address: info@iammain.org.uk or visit their website at: www.iammain.org.uk
- CONTACT , previously Contact A Family – for families of disabled children - Free Helpline: 0808 808 3555, or visit their website: www.contact.org.uk
- Max Discount Card - enables discount for families of disabled children and/or additional needs to access many leading attractions across the UK at a discounted rate. The card covers a family of four (2 adults and 2 children). To obtain the card at least one of your children must have a disability/additional need. To make application for a card, please contact Tracy Liveras on: 01429 284876/284070. To check out the website where Max Discount cards are accepted , the web address is: www.mymaxcard.co.uk/browse

Should you require any further information or clarification, do not hesitate to contact: Tracy Liveras - Short Break & Parent Participation Office on: 01429 284876 or by email to: tracy.liveras@hartlepool.gov.uk

PLEASE CHECK WITH THE APPROPRIATE ORGANISATIONS TO ENSURE THAT SERVICES ARE STILL BEING PROVIDED.

PLEASE NOTE DUE TO COVID 19 RESTRICTIONS, ACCESS TO SOME SHORT BREAK SERVICES MAY STILL BE DISRUPTED

LAST UPDATED JULY 2021