

Child identified as needing support for Mental Health & Emotional Wellbeing

Notify the Mental Health Lead

Single Point of Access

Call SPA on 020 8547 5008

https://www.richmond.gov.uk/services/children_and_family_care/single_point_of_access/single_point_of_access_for_professionals/make_a_referral_to_spa

Other Support

Voluntary Community Support

ruils

ADHD
RICHMOND & KINGSTON
Supporting parents, carers and young people

SAYING GOODBYE

School Support

EHCP
SEN
ELSA
PHSE

School Counselling
Staff Development
Parent Workshops

Mental Health Support Team

Universal Pathway

Whole school intervention e.g. Settling into Secondary School Assemblies, Raising Awareness, Mental Health Ambassador's Training & Parent Workshops

ERSA team (Emotionally Related School Avoidance)
Educational Psychology Service

Targeted Pathway

Exam Stress Group

Low Mood Group

Anxiety Group

Resilience Group

Individual Pathway

Assessment

Screening

MHST Intervention

Step up to EHS / Tier 3 CAMHS

Parent Guided self-help Anxiety

Parent Guided self-help Low mood

Creative therapy

Online resources

<https://swlondonccg.nhs.uk/your-health/mental-health/covid19-resource-hub/>

www.kr.afcinfo.org.uk/EHSResourceHub

<https://www.camhs-resources.co.uk/>

<https://www.kooth.com/>



Are you OK Richmond?



achieving for children