

Young person is identified as needing support for Mental Health & Emotional Wellbeing

Notify the Mental Health Lead

Single Point of Access

Other Support

School Support

Mental Health Support Team

Individual Pathway

Call SPA on 020 8547 5008  
<https://www.richmond.gov.uk/services/children-and-family-care/single-point-of-access/single-point-of-access-for-professionals/make-a-referral-to-spa>

Voluntary Community Support  
express  
mind  
ADHD RICHMOND & KINGSTON  
Supporting parents, carers and young people  
SAYING GOODBYE

EHCP  
SEN  
ELSA  
PSHE  
School Counselling  
Staff Development  
Parent Workshops

Universal Pathway  
Whole school intervention e.g. Settling into Secondary School Assemblies, Raising Awareness, Mental Health Ambassador's Training & Parent Workshops

Targeted Pathway  
Exam Stress Group  
Low Mood Group  
Anxiety Group  
Resilience Group

Assessment  
Screening

MHST Intervention

Step up to EHS / Tier 3 CAMHS

Guided self-help Anxiety

Guided self-help Low Mood

Creative Therapy

Online Support  
kooth <https://www.kooth.com/>  
[www.swlondonccg.nhs.uk/your-health/mental-health/covid19-resource-hub/](http://www.swlondonccg.nhs.uk/your-health/mental-health/covid19-resource-hub/)  
[www.kr.afcinfo.org.uk/EHSResourceHub](http://www.kr.afcinfo.org.uk/EHSResourceHub)  
<https://www.camhs-resources.co.uk/>

ERSA team (Emotionally Related School Avoidance)  
Educational Psychology Service