

Young person is identified as needing support for Mental Health & Emotional Wellbeing

Notify the Mental Health Lead

Single Point of Access

Other Support

School Support

Mental Health Support Team

Individual Pathway

Call SPA on 020 8547 5008
<https://www.richmond.gov.uk/services/children-and-family-care/single-point-of-access/single-point-of-access-for-professionals/make-a-referral-to-spa>

Voluntary Community Support
express
mind
ADHD RICHMOND & KINGSTON
Supporting parents, carers and young people
SAYING GOODBYE

EHCP
SEN
ELSA
PSHE
School Counselling
Staff Development
Parent Workshops

Universal Pathway

Whole school intervention e.g. Settling into Secondary School Assemblies, Raising Awareness, Mental Health Ambassador's Training & Parent Workshops

Targeted Pathway

- Exam Stress Group
- Low Mood Group
- Anxiety Group
- Resilience Group

Assessment

Screening

MHST Intervention

Step up to EHS / Tier 3 CAMHS

- Parent guided self-help Anxiety
- Parent guided self-help Low Mood
- Creative Therapy

Online Support
kooth <https://www.kooth.com/>
www.swlondonccg.nhs.uk/your-health/mental-health/covid19-resource-hub/
www.kr.afcinfo.org.uk/EHSResourceHub
<https://www.camhs-resources.co.uk/>

ERSA team (Emotionally Related School Avoidance)
Educational Psychology Service