

Transition from Primary to Secondary School

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Aims for today

- To support each other and ask questions.
- To share common concerns.
- To be more prepared for the transition in September.
- To hear from different people involved in the transition.
- Space to think about what you might need to do.

Transition

The term 'transition' is used to refer to life changes that children and young people may go through.

They may find this challenging and it may increase anxiety in the whole family.

It is always difficult to move from what we know to the unknown.

For many of us small transitions need plenty of planning so when it comes to more significant transitions, we may need some extra help.

TIME

for
Change

Changes
that
happen
together
and are
shared

Other changes will be experienced by all children, for example puberty or moving from one educational setting to another.

Year 6 – 7 transition is a big deal for all 11-year-olds – something they can all share and empathise with.

Be positive

- Often how we respond or react to change can influence the young people around us.
- Be positive but also reassure them they will have all tools they need to cope.



Changes they are facing

Teachers

Support staff

Location

Size of
building

Layout

Friends

Lessons

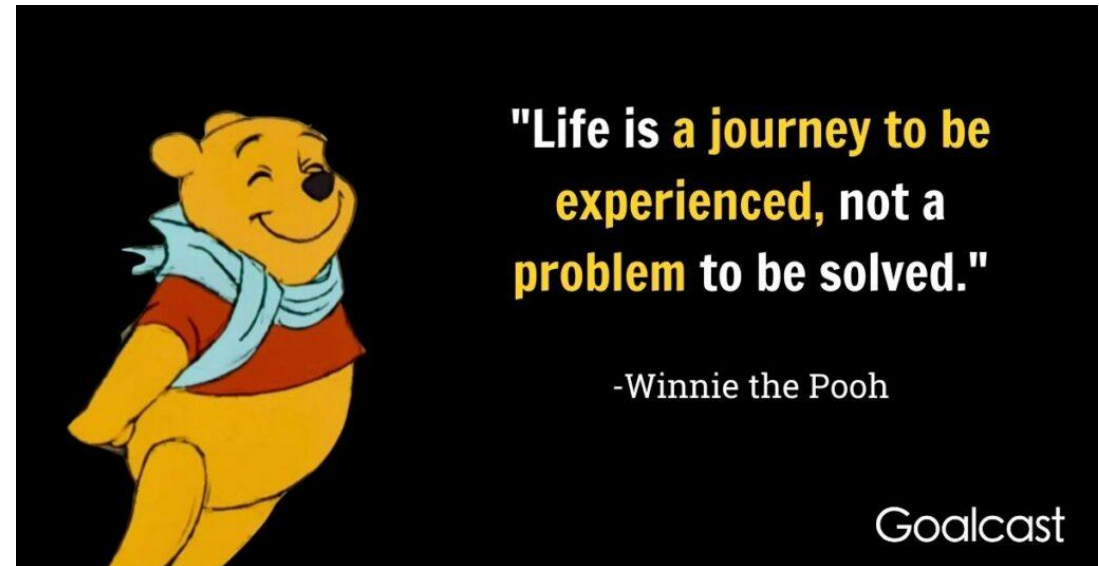
Ratio:
male/female

Expectations



More change

- Rules
- Classrooms
- Clothing
- Number of students
- Size of students
- Timetable
- Lunch
- Homework
- Transport
- TIME



The Challenges for our Students

Meeting	Meeting new young people who may not understand his/her difficulties or differences.
Meeting	Meeting new teachers who do not recognise he/she has difficulties or differences.
Having	Having different adult support (department TAs).
Negotiating	Negotiating the way around school- may get lost and this could result in being late for class.
Learning	Learning about the rules of the school - explicit and implicit.

The Challenges for our Students

Learning

Learning new teachers' names and their expectations and styles of teaching.

Learning

Learning about the timetable and the appropriate books and tools required.

carrying

Carrying equipment all day - no central place to return to therefore increasing the chances of losing it or having incorrect equipment for the next class.

Independence

Independently organising work and managing his/her own timetable.

Self Advocacy

Self advocating in a new situation or with new people.

The Challenges for our Students

Managing	Managing with change determined by others not himself/herself
Managing	Managing with fatigue – thinking about energy and emotional regulation.
Independence	In PE and games coping with more complex activities, such as changing in/out of PE kit
Understanding	Break times - there may be less supervision from teaching staff so the student is able to wander around on his own more (not seeking social interaction) or being more open to being bullied by others
Experiencing	Experiencing with new topics he/she has not studied before

What can you do as parent/carers?

- Be Prepared.
- Knowledge – know what to expect and who to go to.
- Familiarity - ensure routes and procedures are familiar.
- Independence – facilitate independence.



Knowledge

- Trips
- Equipment
- Route for help / identified person
- Route for help / safe space –
- Schedules
- organised timetables



Enable Familiarity and predictability for your child

- The building
- The staff
- How their needs will be met
- What they can expect from lesson – taster session, visits, meeting peers.



Familiarity



Prepare a booklet with lots of pictures, and discuss it regularly together.



Homework prepare for it – make time.



Timetable practice.



Journey practice.

Transition Visits



Transition Plan

Frequency built up over time

Small stepped introductions

Vary the times of day

Gradually introduce differences

Continue over the summer if possible

Primary Timetable

Usually 1 or 2 different teachers

Same classroom or moving to one other room

Consistent each week

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:40-9:00	Team Activities	Team Activities	Team Activities	Team Activities	Team Activities
9:00-10:00	Maths	Maths	Maths	Maths	Maths
10:00-10:15	Whole School Assembly	Class Assembly	Singing Assembly	K52 Assembly	Golden Award Assembly
10:15-10:35	English	English	English	English	English
10:35-10:50	Break	Break	Break	Break	Break
10:50-11:50	Literacy	Literacy	Literacy	Literacy	Literacy
11:50-12:15	Guided Reading	Guided Reading	Guided Reading	Guided Reading	Guided Reading
12:15-1:00	Lunch	Lunch	Lunch	Lunch	Lunch
1:00-3:00	PPA Art, D&T or Forest Schools and French (2:40-3:00)	1:00-2:00 Outdoor P.E. 2:00-3:00 Science	1:10-1:50 R.E. 1:50-2:30 Indoor P.E. 2:30-2:50 Golden Time	1:00-2:00 ICT 2:00-3:00 Theme	1:00-2:20 Science 2:20-3:00 P.S.H.E.

		9:00 - 9:40	9:45 - 10:25	10:30 - 11:10	11:10 - 11:30	11:35 - 12:15	12:20 - 13:00	13:00 - 14:00	14:00 - 14:40	14:45 - 15:25	15:30 - 16:10
Week A	Monday	English	History	Geography	B R E A K	Science	Science	L U N C H	Think!	Games	
	Tuesday	Maths	English	RS		Classical World	Language		Technology		Activities
	Wednesday	English	Science	Geography		Maths	Classical World		Games		Mixed Sports
	Thursday	RS	History	English		Language	Maths		Drama		Activities
	Friday	Maths	Science			PE			Art		Wellbeing

		9:00 - 9:40	9:45 - 10:25	10:30 - 11:10	11:10 - 11:30	11:35 - 12:15	12:20 - 13:00	13:00 - 14:00	14:00 - 14:40	14:45 - 15:25	15:30 - 16:10
Week B	Monday	Maths	Language	Classical World	B R E A K	English	Geography	L U N C H	Think!	Games	
	Tuesday	English	Maths	History		RS	Language		Technology		Activities
	Wednesday	Language	Science			Maths	Classical World		Games		Mixed Sports
	Thursday	English	Science	Geography		Science	History		Music		Activities
	Friday	Classical World	Maths	English		PE			Art	Computing	Wellbeing

PERIOD	1	2	3	BREA K 11- 11.15	4	5	6	7	LUNC H 1.15- 1.55	8	9	10
DAY												
MON	MATH S M3	MATH S M3	ENG M6	B	ENG M6	HIST M7	HIST M7	RE M4	L	RE M4	SCI SC2	SCI SC2
TUES	ENG M6	ENG M6	DRAM A R10	R	DRAM A R10	PE YAN	PE YAN	SCI SC2	U	SCI SC2	MUS R1	MUS R1
WED	MATH S M3	MATH S M3	RE M4	E	RE M4	CAR TE1	FRE R8	FRE R8	N	GEO G R3	GEO G R3	ENG M6
THURS	HIST M7	HIST M7	GEOG R3	A	GEOG R3	PE YAN	FRE R8	L4L HE1	C	L4L HE1	ENG M6	ENG M6
FRI	SCI SC2	SCI SC2	ART AR1	K	ART AR1	MAT HS M3	MAT HS M3	HE HE1	H	HE HE1	TECH TE2	TEC H TE2

Secondary Timetable

Multiple teachers – sometimes for the same subject

Different room for each lesson – getting to it on time

Alternative weeks – week A week B

Tips: colour code by subject and use same colour plastic wallets for books.

Support and value leisure time!!!!


Home is all about leisure time.



School is a place for work; home is a place to play.



Small amounts of time at home are handed over to homework.

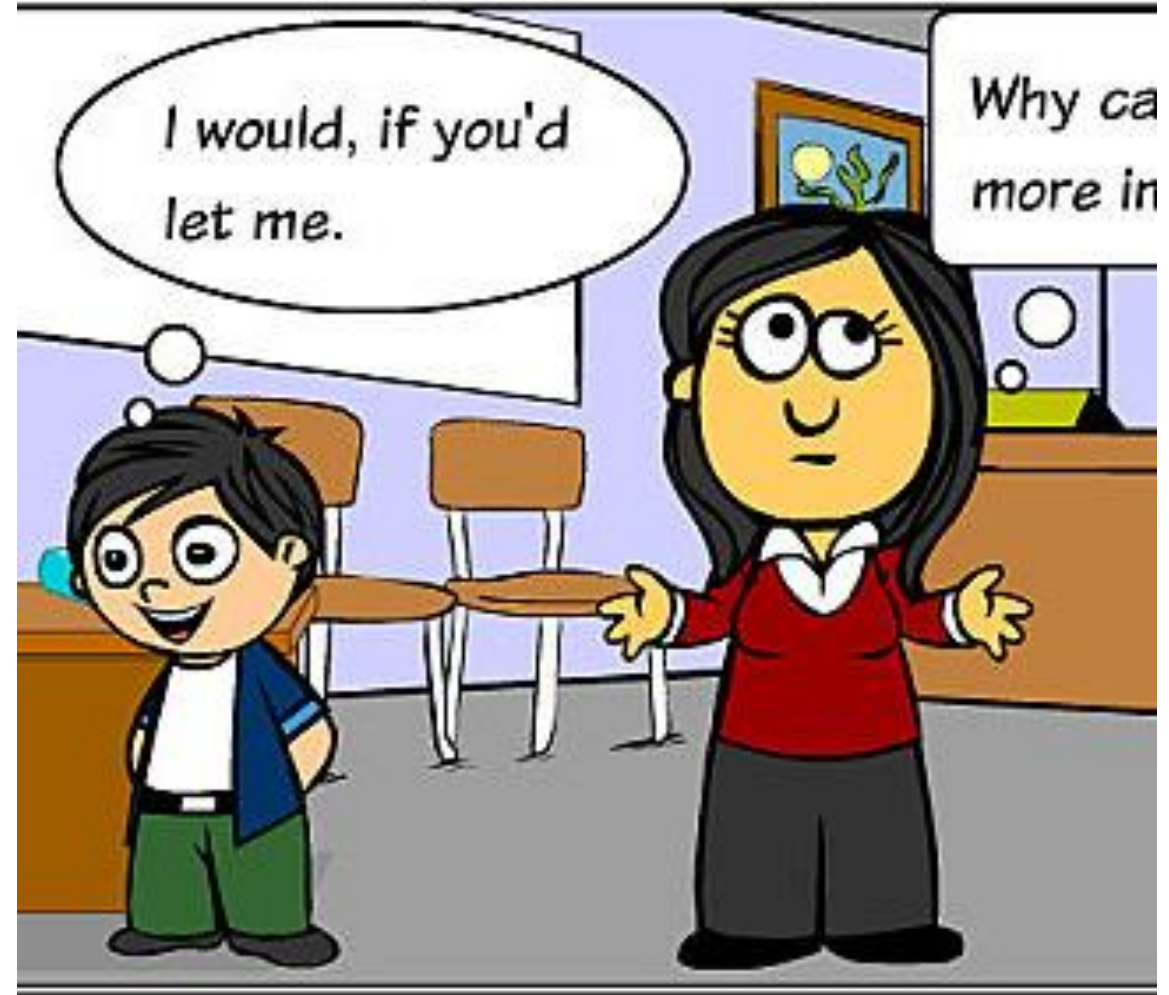


Regular daily chunks of time at home are identified for homework.

Independence

Separation, toileting, feeding, expressing needs, friendships, travelling, managing canteen systems, toilet breaks, homework clarity

ENCE - BY TURTLE2772



Independence

Practise the journey

Friendship strategies

Uniform; bag, shoes, stationary

School books drawer

Tips

Consider school uniform-
adapt garments for ease
of dressing



Consider the school route
over the summer holiday;
take practice journeys to
the new school



Get hold of a simple plan
of the school



Reassure your child that
they will quickly become
familiar with school

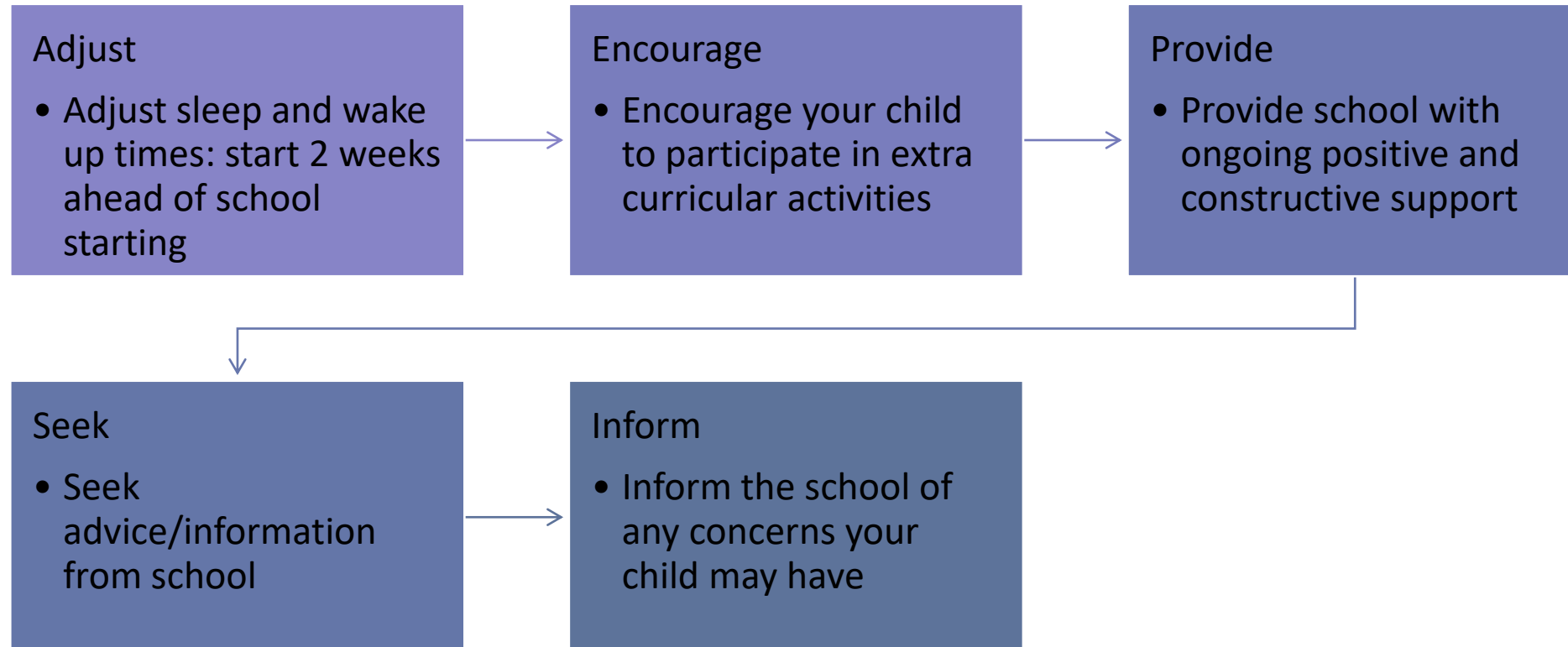


Get a copy of your child's
timetable before
attending the school

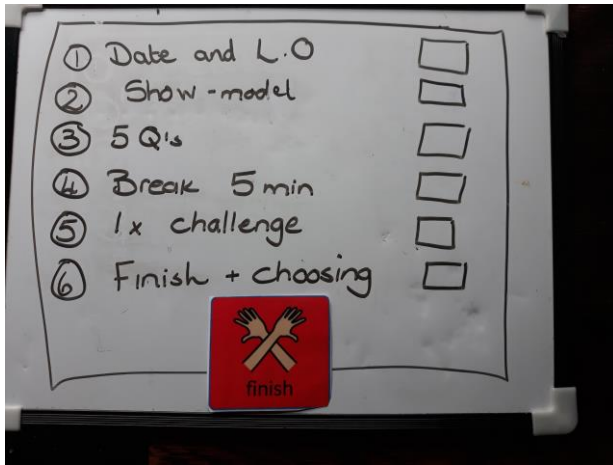


Get names (and if possible
a photo) of the TAs
supporting your child,
form tutor and SENCO –
school transition book

More Tips



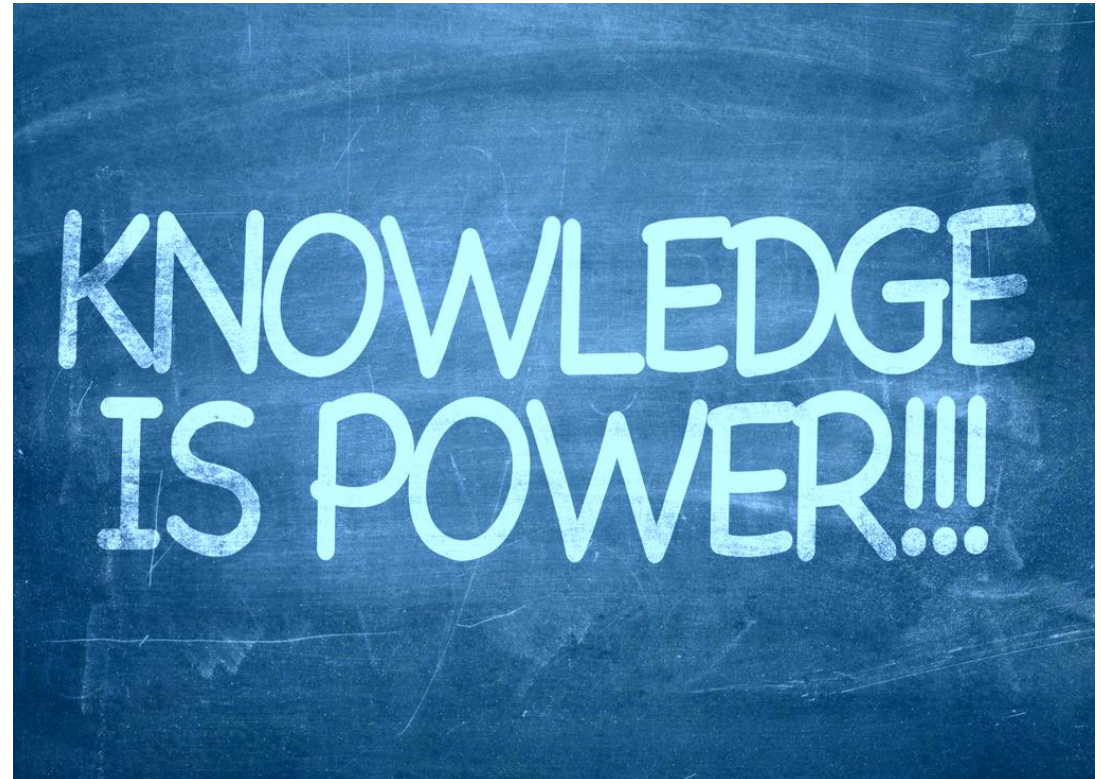
Whiteboards



ASDA or Tesco £2.00!!

Share Professional information

- Three ways
- School systems / Pupil view transition information



Other resources

Chunky pencils

Grips

Timers

Raised rulers

Reading rulers

Lined paper

Card with contact details

Money on an oyster or saver card

From September onwards.....

- Expect the best, be prepared for obstacles.
- Trust the staff.
- Trust the systems.

LET TODAY
BE THE
START OF
Something New