

WHITTON YOUTH ZONE



Youth Services

MONDAY

4.00 - 6.30PM: Inters sessions (Years 6 to 9)

Various activities such as pool, table tennis, table football, educational workshops including cooking, etc.

TUESDAY

4.00 - 6.30PM: Gym and fitness session

Use of a fully kitted out gym and personal trainer for young people to incorporate exercise into their daily routing and to set and maintain goals.

WEDNESDAY

4.00 - 6.30PM: Seniors sessions (Years 10 to 13)

Various activities such as pool, table tennis, workshops AIG and the possibility of day trips, cookery sessions, art and music.

THURSDAY

4.00 - 6.30PM: Young women's session

Positive activities for young women, including use of the gym and trainer, healthy eating sessions, including cooking.

For more details contact
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