

Kaleidoscope Sanctuary Hub

Feeling **alone**, **overwhelmed** or that things are **too much** for you right now?



Kaleidoscope Sanctuary Hub is a safe place for you to access support, outside of support services normal opening hours.



- ✓ The service is for anyone aged 18 and over, who lives in Sandwell or is registered to a Sandwell GP.
- ✓ You can access support for yourself or if you are concerned about someone you are supporting right now.
- ✓ At Kaleidoscope Sanctuary Hub you will be able to speak to a friendly support worker, who will give you a safe space to talk. We will listen, support, offer advice and empower your recovery journey.

Please note: Kaleidoscope Sanctuary Hub is not suitable for people needing urgent medical attention (for example, after self-harm) – for urgent medical care please attend your nearest A&E or call 999.



0121 289 6111
Mon-Thurs: 6pm-11pm
Sat-Sun: 6pm-11pm

Kaleidoscope Sanctuary Hub will currently be offering support via phone/ video link. There is a planned expansion of the service, which will include face to face support. Details coming soon!

For more information, please visit www.kaleidoscopeplus.org.uk

Acceptance criteria - You must be; over 18 years of age - Living or registered to a Sandwell GP - Have a home to return to following Kaleidoscope Sanctuary Hub - Identified as having primary mental health needs - Have the capacity to make an informed decision regarding support - Willing and able to work with staff - Not be a threat to staff or others using the service - Not pose such a risk that you require observation checks.