



0-19 Early Help Hubs

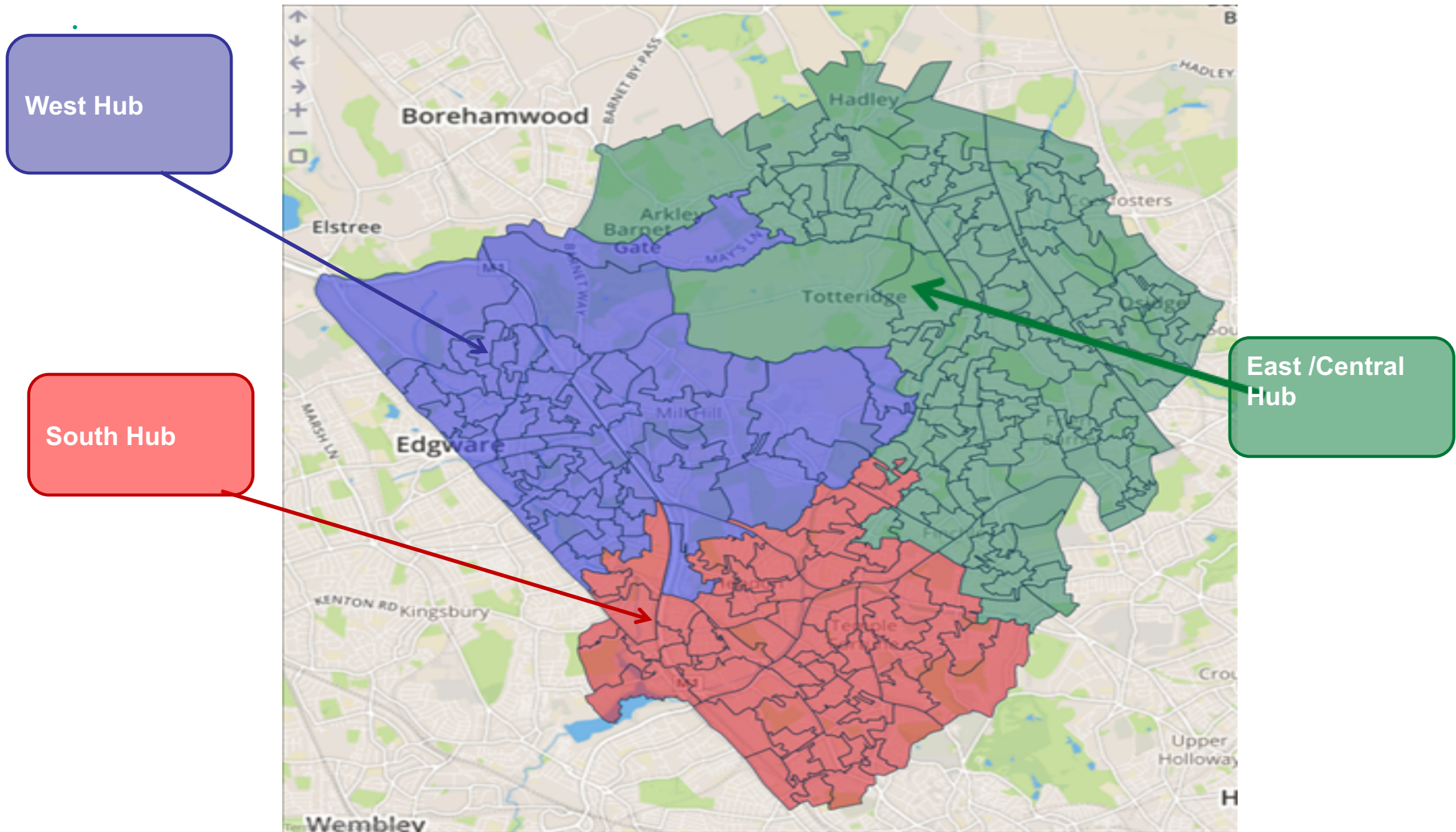
Aims of Early Intervention?

- *‘Early Intervention is about taking action as soon as possible to tackle problems for children and families before they become more difficult to reverse’ (Early Intervention Foundation)*
- *We should aim to identify children, young people and families that may be at risk of future difficulties and provide them with timely and effective support.*

Why we developed 0-19 Early Help, which was launched in Oct 2018

- **Right service first time**
- **Remove silo working/ Promote partnership-working**
- **Integrated whole family approach, 0-19yrs**
- **Services and activities in local communities where families live**

Location of the 3 Hubs



East/Central Hub

Covers the postcodes of: N2, parts of N3, parts of N10, N11, N12 parts of N14, EN4 and EN5.

Main Hub office: **Newstead Children's Centre, 1 Fallows Close (off Tarling Road), Finchley, N2 8LG, Telephone: 020 8359 3460.**

West Hub

Covers the postcodes of: HA8, part of NW7, part of NW9

Main Hub office:

Barnet and Southgate College, Colindale, 7 Bristol Avenue (formerly Lanacre Avenue) London NW9 4BR, Telephone 020 8359 3510

South Hub

Covers the postcodes of: part of NW2, NW3, part of NW4, part of NW11, part of NW9, part of N3

Main Hub office: **Parkfield Children's Centre, 44 Park Road, Hendon, NW4 3PS, Telephone: 020 8359 3590**

New 0-19 Early Help Service

The new integrated model has brought together:

- ❖ **Early Help Assessment (previously known CAF) Team**
- ❖ **Family Resilience (Family Support) Team**
- ❖ **Outreach and Family support in Children's Centres**
- ❖ **The Targeted Youth Service**
- ❖ **Early Years/childcare**
- ❖ **Troubled Families' Consultants (seconded from other agencies)**
- ❖ **Links with our in-house EH, Barnet Integrated Clinical (BICs) Service**

Working in Partnership

The Hubs are wider than just us:-

- We co-deliver with other agencies, signpost to and commission services for our families
- Weekly 0-19 EH multi-agency Panels, to share information between agencies and identify the Lead Professional and Team Around the Family, for children needing more targeted Early Help (Early Help Assessment)* Includes all key Children's agencies, plus Adult MH, Probation and Housing.
- Co-location of staff from different organisations in the same place/s (midwifery, SALT, H/Vs, Housing, Welfare Rights etc)
- Build professional networks via our termly **Hub Advisory Groups**

Working across the whole continuum of need and support

- **Universal-** drop-in services available to all children/young people/families from venues across the Hubs
- **Universal Plus** –for those who may need additional support /or signposting to other support, but don't need a co-ordinated multi-agency plan (less than 3 agencies)
- **Targeted-** for those requiring an Early Help Assessment (*EHA- previously CAF) if a multi-agency and coordinated approach is needed to meet their needs (3 agencies or more)
- **Specialist** – We can provide range of interventions as part of a statutory plan (Social Care/YOS)

ASD/ADHD - Early Help Pilot

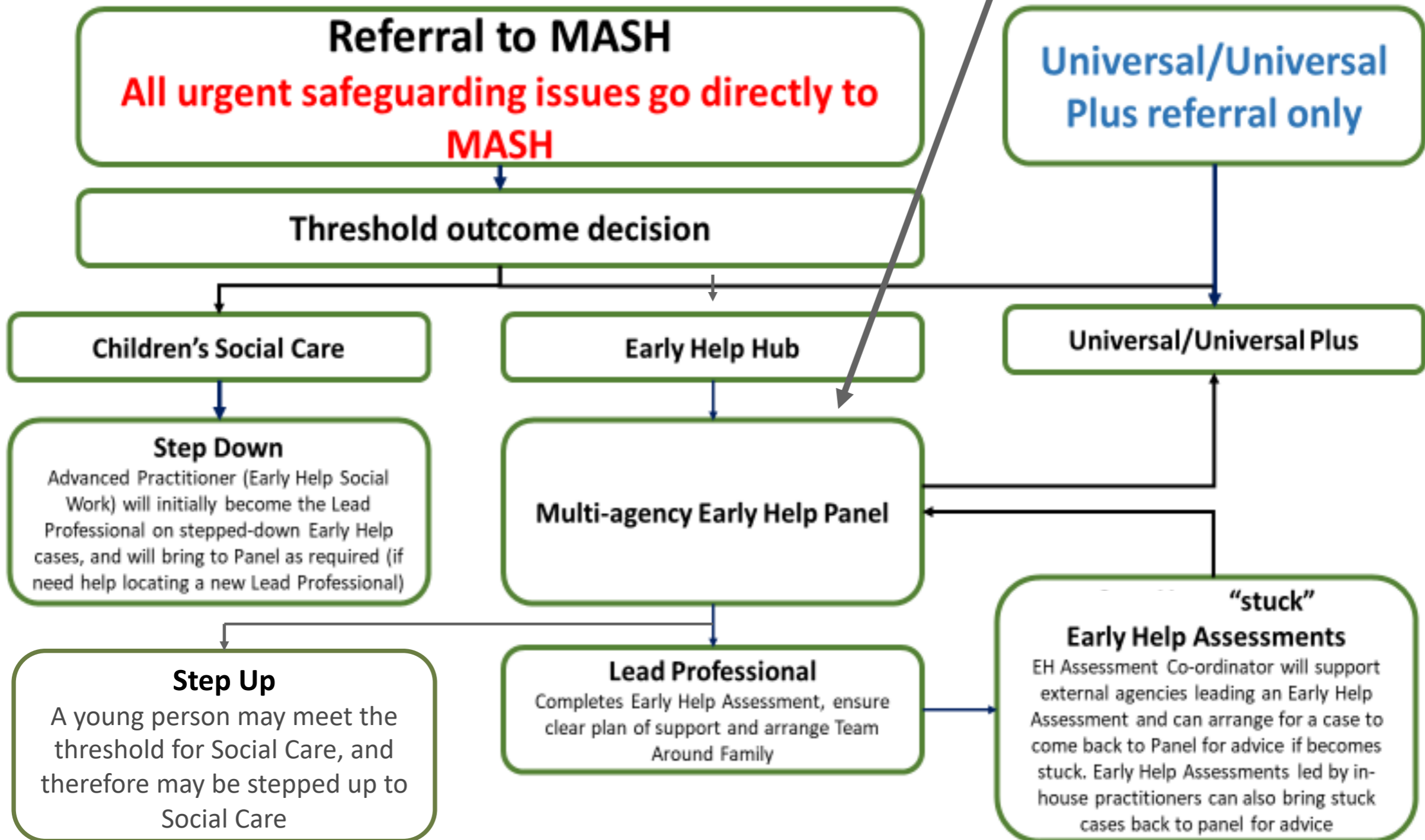
- **Hub Service Managers identified a group of children who met the criteria for the Early Help Services**
- **These children were exhibiting challenging behaviour at home, and had a diagnosis or suspected Autism and/or ADHD**
- **Looking at all services in Barnet – including all in house, community based and commissioned services - there appeared to be a gap in provision to help stabilise the situation and help them thrive.**
- **Where there is a risk of family break down, due to the challenging and often violent behaviour of the child towards other family members in the home.**
- **We have been trialling a service, in partnership with Resources for Autism (where there is a primary diagnosis of Autism), and Barnet Mencap (where there is a primary diagnosis of ADHD)**

What is the pilot?

- For CYP and families who meet the criteria for the EH service, using the Early Help Pathway
- Early Help Team makes decision about young people who have identified needs that could benefit from a time limited, home based intervention
- Issues explored with family and Early Help, targets and outcomes are agreed between Early Help, the provider and family
- During the process, families are signed posted to other sources of universal and targeted support (e.g. Short Breaks, peer to peer support groups) which help to break down isolation, and provide ongoing advice and support

The Early Help Pathway

Early Help Panel is critical as it is multi-agency, and focusses on all the needs facing the family and who is best placed to support



Step Down to / Step Up from Early Help

Step down from DATS/I&P to Early Help:

- The same step down process is used as for all children and young people
- As this is a Finite resource, if the step down is agreed, then the Early Help Service Manager will agree via the Early Help Panel whether the pilot is the right package of support for that child.
- 0-25 Specialist Autism Team, Resources for Autism are at the Early Help Panel, so can also advise on what else may be available for the child, alongside other services
- If a young person meets Social Care criteria, and specialist support of this kind is needed, this would need to be commissioned directly from a provider, outside of the Pilot. The Pilot is only for those who meet Early Help criteria.

Step up from Early Help to 0-25 Specialist Autism Service:

- If all community based support and the Early Help Pilot has been explored, the family remains in crisis, and the child has a diagnosis of Autism then a step up direct to the 0-25 Specialist Autism Team is considered.
- This is agreed between the Early Help Hub Service Manager and the 0-25 Strategic Manager

Other Support

- We have tested what support there is for children with no clear diagnosis. We are aware that the pilot programmes has been of limited support for this group, so other options are being explored. Currently, universal/targeted and specialist programmes could be available for these young people:
 - Information, Advice and Guidance via Barnet Mencap
 - Parenting via Barnet Mencap
 - Short Breaks (criteria here: <https://www.barnet.gov.uk/children-and-families/children-and-young-people-disabilities/disabled-childrens-activities-short>)

Useful resources and links



- **Barnet's 0-19 Early Help Service** (full range of information about what services are provided and how to access them)

www.Barnet.gov.uk/0-19

- **Barnet's MASH**

<https://wwc.barnet.gov.uk/wwc/working-children-barnet/practitioner-guidance/multi-agency-safeguarding-hub-mash-0>

0-19 Service webpages: www.barnet.gov.uk/0-19



**0-19
Early
Help
Hubs**

For more information and
how to access support:
www.barnet.gov.uk/0-19



Useful resources and links continued:

- A whole range of helpful guidance on working together to keep children safe and to meet their needs can be found on Barnet's Safeguarding and Children's Partnership Website: <https://thebarnetscp.org.uk/bscp>



Barnet
Safeguarding
Children Partnership

- The Partnership has also produced the Barnet's 'Continuum of Support' Guidance

<https://thebarnetscp.org.uk/bscp/professionals/barnet-continuum-of-support>

Useful resources and links continued:

Barnet Community Directory

<https://vcs-database.barnet.gov.uk/#/>

The Directory is a searchable database of voluntary groups, organisations, social clubs, charities and social enterprises that are based, or work in Barnet. It provides the opportunity for groups to promote their activities and to identify similar groups who are interested in working together