

Healthy Start

FREE

vitamins and food vouchers
to spend on fruit, vegetables,
milk and infant formula
in Kingston



THE ROYAL BOROUGH OF
KINGSTON UPON THAMES



achieving
for children

NHS

Local distribution sites

in Kingston upon Thames issuing Healthy Start vitamins:

Hawks Road Health Clinic

Hawks Road, Kingston, KT1 3DS

020 8546 1115

Hollyfield House

22 Hollyfield Road, Surbiton, KT5 9AL

0208 339 8000

Kingston Town Children's Centre

Villiers Road, Kingston, KT1 3AR

020 8481 0640

Chessington Children's Centre

Buckland Road, Chessington, KT9 1JF

020 8397 2006

Tolworth Children's Centre

School Lane, Tolworth, KT6 7QJ

020 8339 9848

Old Malden Children's Centre

Entrance in Lawrence Avenue,

New Malden, KT3 5NB

020 8241 0837

Healthy Start Vitamins

Vitamins are available for pregnant women, women with a baby under 1 year old, and children aged up to 4.

Healthy Start vitamins are sent to you with your Healthy Start vouchers, every 8 weeks.



You can use your food voucher to put towards any purchases of fruit, vegetables, pulses, milk and infant formula from local participating supermarkets and food stores.

For more information and to find out if you are eligible for the Healthy Start vouchers and which stores are accepting them, visit

www.healthystart.nhs.uk