

Five - S's of Email Safety

Stop and Think



Stop and Think was this an email you were expecting?
Who is the email is from?
Does the email address look familiar?

Suspicious



Fraudulent emails can be very convincing. Emails that ask you to follow a link or provide personal details i.e. your name, date of birth, contact details, bank account number or inform you that you have won a large prize or donation are likely scams.

Stop



Do not download any documents or click on any links in a suspicious email as you may open yourself to a virus attack on your device or may end up giving your personal details away.

If in doubt delete the email to protect yourself.



Speak

If in doubt contact the company direct using their official website or by logging into your account online and **speak** to a customer services operative.



Seek Help

Ask for help from someone if you are worried about anything that has come to your inbox on your email.

www.learnsafl.ac.uk