Welcome to this short video made by Sandwell Adult and FAMILY learning service.

In this video we will be showing you how to change your password on our Equal platform which is used for learning on some of our online courses.

This video is part of a series of short videos giving you guidance on how to stay safe online.

You can change your password at any point that you feel that you need or want to.

So firstly, let's go to the website.

Which is Https://www.safl.equal-online.co.uk

And this is the login screen that you’ll get presented with. There is always the option where you've forgotten your password.

We will go in and log into our account.

Of course, you'll be on the landing screen that you're used to.

It's quite easy here to change your password information and don’t be alarmed by anything on here. This is actually our test account that we use for things like this.

So, if you go onto the person icon, you can then click on change details and under change details it lets you choose a new password

So, we'll go through and do that now. If we start by putting in our current password, and then our new password, and to confirm our new password once again. Just to make sure it is right.

And then click on change.

And the password has been updates. So, whenever you log in in future that will take immediate effect and you will need to use your new password.

This is relatively easy and relatively simple.

It takes a minute to do.

Thank you for joining us.

Please see out student information page for more on what is considered a strong password.