

Education Inclusion Support Service Young Coaches Project - Pilot

An individually tailored programme of coaching sessions designed to help young people in KS3 optimise their school experience. These sessions are an early intervention programme aimed at reaching and empowering young people before they start disengaging with education.

Pilot to be offered to schools from the Autumn term of 2020, EISS *Young Coaches Project* offers training to enable students to deliver a series of sessions, as well as work collaboratively with younger children, improving their self-esteem and confidence resulting in improved social and emotional skills as well as engagement at school.

Students work with a younger child and help to support their language and communication development through a variety of mediums such as play, reading, drawing, singing and drama. Coaches will experience a positive relationship in which they are a role model. This dynamic boosts the young person's self-esteem, develops their sense of responsibility and helps them improve their interpersonal and relationship-building skills. Literacy and language is the key to all learning and part of this programme will be to use carefully selected texts to empower and promote understanding in pupils, enabling them to understand, and better cope with the challenging situations that they all face. The correct choice of texts will also powerfully illustrate the benefits of continued engagement with education.

Students on the programme fill in a weekly journal, designed to inform their regular reflection meetings held with EISS staff. Feedback from the young person as well as the primary class teacher will also be analysed.

Training will be facilitated by a member of the EISS team who will work in conjunction with nominated school staff. Typically inducting four or five students at a time to visit and work with children in a primary KS1 setting.

The programme is likely to run over the course of 6 weeks but can be extended to run for over the course of one term. It will take place on the primary school site, one afternoon per week. The sessions cost £100 per week but can be attended by up to 5 pupils each session. The cost per pupil would therefore be £20 per session, or £120 per pupil per half term. At the end of the programme, there will be a debrief session for each student with school staff, to discuss possible next steps.

For further information or to express an interest, please contact: <u>eiss@achievingforchildren.org.uk</u>



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