

Education Inclusion Support Service Emotional Health and Wellbeing Workshops KS3 & KS4

Series of creative workshops to build confidence and increase mental well being

Offered to schools from the Autumn term of 2020, EISS are offering schools a series of workshops for pupils facing emotional challenges that may cause them to disengage from education.

Faced with the most challenging of life situations, many young people struggle to cope with the pressures of formal education and are at risk of slipping out of the system. These workshops are an early intervention programme aimed at reaching these young people before they start disengaging with education. The aim would be to support their emotional health and wellbeing and help provide strategies and support systems to increase their resilience around education and learning.

This outreach work will focus on building young people's confidence through creative and holistic provision based on the school site. Each session will be facilitated by a member of the EISS team whose work with young people will be based mainly on the method of Drawing and Talking, a highly effective person-centred therapeutic play work approach which uses art as a way to discuss and resolve conflicts and trauma. The EISS staff member supports discussion and engagement about the difficulties faced by young people, promotes thought provoking ideas to overcome these barriers as well as fostering independence, resilience and confidence.

The programme is likely to run over the course of 6 weeks but can be extended to run over the course of one term, and will be run on the school site one afternoon per week. The workshops cost £120 per week but can be attended by up to 8 pupils each session. The cost per pupil would therefore be £15 per session, or £90 per pupil per half term.

For further information or to express an interest, please contact:
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