

Education Inclusion Support Service EISS SEMH Group Work

HEADLINES:

For the academic year 2019/2020:

- In Kingston there were 15 FTE's for Year 7 pupils, and 37 FTE's for Year 8 pupils
- In Richmond there were 37 FTE's for Year 7 pupils, and 63 FTE's for Year 8 pupils
- These FTE's accounted for 18.7% of all secondary exclusions in Kingston and 26.3% in Richmond.

OFFER:

As a result of this analysis the Education Inclusion Support Service is pleased to offer a new intervention aimed at supporting Year 7 pupils with social, emotional and mental health difficulties as they settle into their new schools. This model of intervention has proved successful in Primary settings and would translate well into aiding schools with vulnerable Year 7 pupils.

Using an approach informed by nurture principles, alongside a clear and consistent behaviour framework, this intervention provides a positive impact on social and emotional learning, wellbeing and behaviour. This programme has been carefully designed and will be further personalised to encourage pupil engagement and foster positive outcomes. The group runs over a minimum of a 6 week period and encourages pupils to look at their barriers to learning.

The sessions are fully planned and led by a member of the EISS Specialist team and run for approximately 1 hour during a morning or an afternoon. Progress, engagement and pupil voice are tracked and the school will be sent a report after the final session.

Generally, this intervention would be offered to a group of 3-4 same gender pupils at a time, 2-3 target and 1 role model although this may be modified to suit the mix of pupils targeted. It may be possible to run two sessions in a half day.

The session cost is £80

Our focused skills/modules

- Taking responsibility for actions
- Rationalising and resolving worries
- Impact of behaviour on others

- Developing empathy for others
- Gaining positive attention
- Listen and focus
- How to make, be and keep friends
- Positive attention
- Self-esteem boosters
- Listening and paying attention
- Being a team player
- Resilience - problem solving/overcoming challenges/ self-esteem as a learner
- Dealing positively with change
- How to set goals
- Emotional regulation

Training

We are also offering the opportunity for a member of school staff to join the group to shadow the EISS staff member in order to be trained to cascade the intervention to further groups in their setting.

Contact eiss@achievingforchildren.org.uk for further information