

We have joined the Healthy Early Years London Scheme



The Healthy Early Years London (HEYL) programme is an awards scheme funded by the Mayor of London which supports and recognises achievements in child health, wellbeing and development in early years settings.

HEYL complements and enhances the statutory Early Years Foundation Stage framework, adding to the focus on children, families and staff health and wellbeing.

The aim of HEYL is to help reduce health inequalities by supporting a healthy start in life across the following priority themes.

Social and emotional health and wellbeing

Speech, language and communication

Healthy eating, breastfeeding and starting solid food

Home safety, accident prevention and reducing injuries



Physical activity and reducing sedentary behaviour

Independence in self-care and hygiene
Oral health

Immunisation and infection control

Sustainability (active travel, recycling, energy saving)



Parenting and home learning

Early cognitive development

Supporting children with SEND, health and additional needs

Supporting parent and staff health and wellbeing

How can I get involved?

For further information please contact:



HEALTHY EARLY YEARS LONDON

