



# LEVEL 1 STUDY PROGRAMMES

Hairdressing, Barbering and  
Beauty

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A modern hairdressing salon with large mirrors and purple chairs. The text is overlaid in the center.

**WE ARE LONDON'S  
LARGEST HAIRDRESSING  
BARBERING AND BEAUTY  
TRAINING PROVIDER.**

# A LITTLE BIT ABOUT US...

With 6 locations across London, Hertfordshire and Essex, we offer hairdressing, barbering and beauty training that is designed to deliver a real work based experience to help our learners enter the industry. Our teaching staff all have industry experience, to ensure that our curriculum meets the needs of modern salons.

Our innovative training programmes will build your skills in your chosen area, as well as in customer service, commercial salon awareness and product sales.

## OUR HISTORY

We first opened the doors to the LHAA in 2011 at our flagship academy in Borehamwood. In the next couple of years, we went on to open our Loughton and Camden academies. In 2016 opened our Chiswick branch, and also launched the LBTA - The London Beauty Training Academy - offering adult courses in beauty therapy, makeup artistry and nail technology. In 2017 we opened our Croydon academy.

Our academies all feature state-of-the-art salons that host paying clients, so learners are able to practise their skills in a work-based environment.



A young woman with long dark hair, wearing a black apron over a light pink shirt, stands in a makeup studio. She is smiling and holding a silver chair. The background shows a vanity with various makeup products and a mirror with lights.

# START YOUR JOURNEY WITH A LEVEL 1 STUDY PROGRAMME

# PROGRAMME OVERVIEW

## WHAT IS THE LEVEL 1 HAIRDRESSING STUDY PROGRAMME?

Our unique study programmes will introduce you to the practical skills needed across the hairdressing, barbering or beauty industry, and will provide a foundation for future learning. It is the perfect introduction to our apprenticeship programme, as you will be learning practical skills as well as completing personal development, work experience and industry enrichment.

This is a part-time course that will be taught using a mix of academy and home learning.

## ENTRY REQUIREMENTS

This course is open to anyone aged 16-19 who is interested in the hair and beauty industry. There are no minimum grades or previous experience required.

## HOW WILL I BE ASSESSED?

You will be assessed through a mix of practical work, and traditional theory tests.

## HOW LONG IS THE COURSE?

This course takes 7 months to complete on a part-time basis (around 20 hours a week).

# COURSE UNITS

This is a part-time course that will be taught using a mix of academy and home learning. You will be learning practical skills as well as completing personal development, work experience, industry enrichment and Level 1 maths and English.

## ALL STUDY PROGRAMMES INCLUDE:

**Level 1 Maths and English**

**Industry Enrichment**

**Work Experience**

**Personal Development:**

- Employment rights and responsibilities in the hair and beauty sector
- Follow health and safety in the salon
- Developing self
- Preparation for work
- Managing your own money
- Working as a group
- Working towards goals
- Dealing with problems in daily life
- Healthy living





## HAIRDRESSING UNITS:

- Presenting a professional image in a salon
- Colour hair using temporary colour
- Create an image using colour for the hair and beauty sector
- Shampooing and conditioning
- Styling women's hair
- Plaiting and twisting hair

## BARBERING UNITS:

- Presenting a professional image in a salon
- Working with others in the hair and beauty sector
- Create a hair image
- Salon reception duties
- Shampooing and conditioning
- Styling men's hair
- Contact dermatitis prevention
- Additional men's hairdressing skills

## BEAUTY UNITS:

- Introduction to the hair and beauty sector
- Providing basic manicure treatment
- Providing basic pedicure treatment
- Nail art application
- Basic make-up application
- Themed face painting



## WHAT CAN THE STUDY PROGRAMME LEAD TO?

Once you have completed the programme you will be able to progress onto our beauty, hair or barbering apprenticeship programme, where you will be working full time in a salon or spa, and attending our academy one day a week – earning as you learn.

If you are over 19 when the study programme ends, you could also choose to complete one of our adult learning courses.





# OUR ACADEMIES

Our hairdressing and barbering training takes place in one of our academies in Borehamwood, Camden, Chiswick, Croydon, Loughton or Richmond. Beauty training takes place in either Borehamwood or Chiswick.

Our academies are quipped with high tech training facilities and resources as well as state of the art hairdressing and beauty salons – giving real commercial experience with the highest quality technical training provided by an exceptionally skilled team.

## BOREHAMWOOD

17-21 Shenley Road  
Borehamwood  
WD6 1AD

## CAMDEN

1A Hawley Road  
London  
NW1 8RP

## LOUGHTON

22 Forest Road  
Loughton  
IG10 1DX

## CHISWICK

478 Chiswick High Road  
London  
W4 5TT

## RICHMOND

1-2 Parkleys Parade  
Richmond  
TW10 5LF

## CROYDON

73 North End  
Croydon  
CR0 1TJ



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