

## How much do the interventions cost?

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Interventions are delivered by Barnet educational psychologists who are trained and experienced in that intervention. Schools can pay for therapeutic interventions from the total time that they have purchased from the EPT. The arrangement is co-ordinated by the link EP and no additional invoicing is necessary.

**Cognitive Behaviour Therapeutic Approaches** - 10-12 hours of EP time

**Play Based Therapeutic Approaches** 10-14 hours of EP time

**Mindfulness - Primary:** 6 sessions – 8 hours 30 minutes

Secondary: 10 sessions – 12 hours 30 minutes

**Motivational Interviewing** -10 hours of EP time

**FRIENDS for life** -15 hours of EP time

**Video Interaction Guidance** - 9-12 hours of EP time (case dependent)

**Early Years Group Consultations** - 3 EP hours per school for the group consultation sessions

**SENCO Reflection Groups** - 4 EP hours per SENCO for the year.

**Emotional Literacy Support Assistants** - 6 hours per participant

### **Down Syndrome Training and Support**

- Introduction – 1 EP hour per participant.
- Supporting children and young people with DS in school – 1.5 hours EP time per participant
- Supporting the emotional well-being and behaviour of CYP with DS in school – 2 hours of EP time per participant.

Schools can also book two consultation sessions of 45 minutes duration over the course of the training and problem-solving sessions – 2 EP hours

If you would like to purchase additional time for interventions, then we will support you if we have capacity to do so. Demand for the EP service is very high and exceeds the staffing available. We recommend booking early to avoid disappointment. The time is charged according to how many extra days are purchased.

3-5 days per year from EPT	£610 per day
6-15 days per year from EPT	£585 per day
16+ days per year from EPT	£575 per day
If you do not trade with the EPT	£635 per day