

Video Interaction Guidance (VIG)

What is VIG?

VIG is an intervention which uses video clips of natural situations to enhance communication within relationships. It is a strengths-based, person-centred approach which encourages reflection on successful interactions to enable change. More information can be found at www.videointeractionguidance.net

Who is this for?

Parents, carers, and school staff who wish to enhance their relationships with a child/pupil.

How will this approach help?

VIG works by engaging individuals actively in a process of change towards developing better relationships with others who are important to them.

What will this involve?

- Many individuals make very good progress in 3-4 videos and reviews, although the length of each intervention is tailor-made to the individual.
- Consultations with parents/caregivers and school staff.
- Specific target setting with review.



Video Interaction Guidance - 9-12 hours of EP time (case dependent)