

SENCO Reflection Groups

What are SENCO Reflection Groups?

A supervisory space for SENCOs to discuss school-based concerns or situations. Informed by psychology, they aim to strengthen understanding of these issues and provide an opportunity to reflect on the emotional responses of your school community (students, staff and parents/carers).

Who is this for?

SENCOs and Inclusion Leaders from primary, secondary, special school and post-16 settings.

How will this approach help?

The reflective space will strengthen SENCOs understanding of school-based issues and enable SENCOs to feel more confident in responding to concerns and challenges as they arise.

What will this involve?

- Monthly 1-hour group sessions, starting in September (*1.5 hours for the 1st session)
- Each group will consist of 4-6 SENCOs and be facilitated by an EP. Groups will remain the same across the academic year.

Session outline

1. Members share 'headlines' (concerns, issues, questions)
2. Group agrees 1-2 headlines to focus on in the session
3. A member presents their headline while others listen
4. The group 'unpick' the issue or concern by listening, reflecting and sharing thoughts
5. Next steps are identified (if appropriate).



SENCO Reflection Groups - 4 EP hours per SENCO for the year.