

## Down Syndrome training and support groups

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### What are Down Syndrome training and support sessions?

Training and problem-solving sessions to support your understanding and planning as follows:

- Introduction to Down syndrome
- Supporting children and young people with Down syndrome
- Supporting the emotional well-being and behaviour of children and young people with Down syndrome in school

To support the bespoke needs of each child, schools can also book two consultation sessions of 45 minutes duration during the training and problem-solving sessions.

### Who is this for?

SENCOs, inclusion leaders, teachers and TAs from primary, secondary, special school and post-16 settings.

### How will this approach help?

The training and problem-solving groups will support your understanding and enable you to provide quality support for children and young people with Down syndrome in an informed and responsive way.

### What will this involve?

- Introduction to Down syndrome - two 90-minute web-based sessions
- Supporting children and young people with Down syndrome in school - three 90-minute web-based training and problem-solving sessions
- Supporting the emotional well-being and behaviour of children and young people with Down syndrome in school - four 90-minute web-based training and problem-solving sessions.

The themes build on each other so you need to attend the sessions in the order above.

### Down Syndrome Training and Support

- Introduction – 1 EP hour per participant.
- Supporting children and young people with DS in school – 1.5 hours EP time per participant
- Supporting the emotional well-being and behaviour of CYP with DS in school – 2 hours of EP time per participant.

Schools can also book two consultation sessions of 45 minutes duration over the course of the training and problem-solving sessions – 2 EP hours