

Bath & North East Somerset Emotional and Mental Health Support

As an increased number of children and young people return to school following social isolation measures we anticipate an increase in the presentation of anxiety and mental health concerns.

For the most part this is a normal, expected reaction to a highly unusual and unsettling event, and will be most effectively managed through a nurturing whole-school approach in which social and emotional needs are prioritised – see the Bath and North East Somerset’s guidance document ‘Supporting Educational Settings During and After the Covid-19 Pandemic’.

For those who need further support, please follow the flowchart below to contact the relevant services.

Universal Support

- Guidance document - Supporting Educational Settings During and After the Covid-19 Pandemic

School Nurse Service

- Supporting whole school approach to identified health needs
- Initial holistic assessment of health needs and priority setting with individual young people
- Referral on to appropriate services if further support required.
- Delivering brief intervention as required either face to face or virtually.

Where there is significant concern or identified mental health difficulty

If you have concerns regarding the wellbeing of staff member/s

If you have ongoing concerns regarding an individual young person or group

Educational Psychology Service

SENCO support - direct contact with link EP

General advice and support - direct contact with the EPS

One-minute Guide – Supporting Educational Settings During and Post Covid-19 on Rainbow Resource Professionals page

Mental Health Support Teams and CAMHS School Link Practitioners

Referrals currently through MH Leads and school nurses in schools we work in (Primary, secondary, colleges).

We offer one to one or group work for CYP & or parents/carers and a whole school approach

We offer consultation to staff

CAMHS (emerging concerns or existing mental health concerns)

Pre-referral consultation

CAMHS online referral pathway

Consultation to staff

CAMHS

Pre-referral consultation

Online referral pathway

Consultation to staff

Contact Details

B&NES School Nurse Service

Telephone: 01225 831666

Email: BATHNES.schoolnursing@virginicare.co.uk

B&NES Educational Psychology Service

Telephone: 01225-394901

Email: psychology_service@bathnes.gov.uk

MHST

Telephone: 01865 903889

Email (Referral Form only) : oxfordhealth.banesreferrals@nhs.net

CAMHS

Telephone: 01865 903889

Online referral link: www.oxfordhealth.nhs.uk/camhs/refer/