

# Cygnet parent/ carer autism training (online)

A comprehensive online training and support program for parents/ carers of children aged 5 -18, with a diagnosis of autism. This course is available ***free of charge*** to families living in Barnet.

**Cygnet is a 6 week training course covering topics including:**

* An overview of autism
* Communication
* Sensory needs
* Understanding behaviour

**Dates: Wednesdays at 10.30 – 11.30am**

**10th June; 17th June; 24th June; 1st July; 8th July; 15th July**

**Times 10.30 - 11.30am**

**The course is free but it is essential that parents/carers register – please** [**click here for the booking form**](https://docs.google.com/forms/d/e/1FAIpQLScLHBJfi02uyW9jXmpCKH089MIq6dnphzlmytDxuVjcQxKbyQ/viewform?usp=sf_link)We will send a further pre-course enrolment form which must be completed before the first session and log-in details will be sent each week.

Information regarding dates and times of further courses will be circulated to schools and will be on the Barnet Local Offer.

<https://www.barnetlocaloffer.org.uk/>

Contact 0208 359 3057