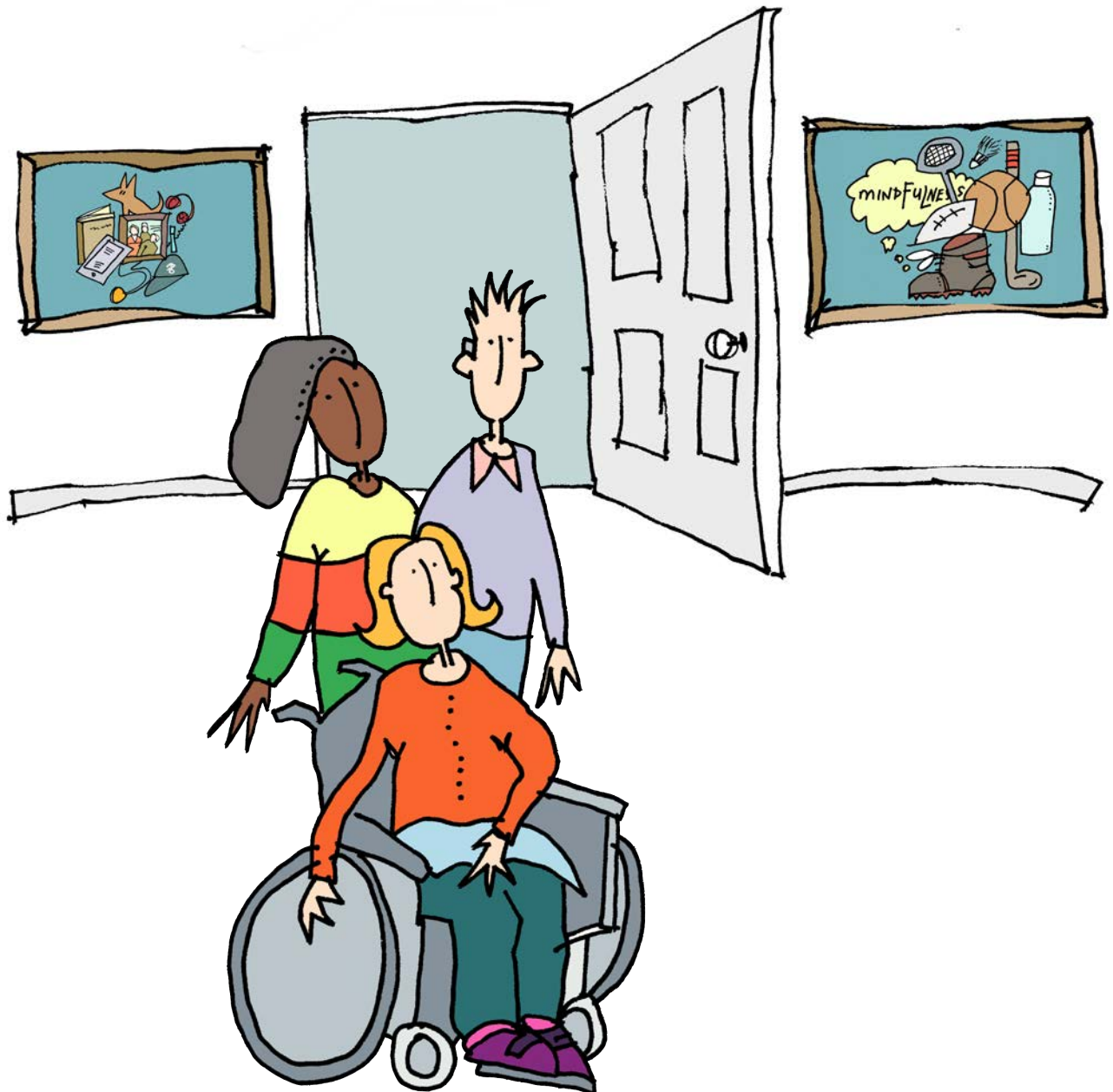


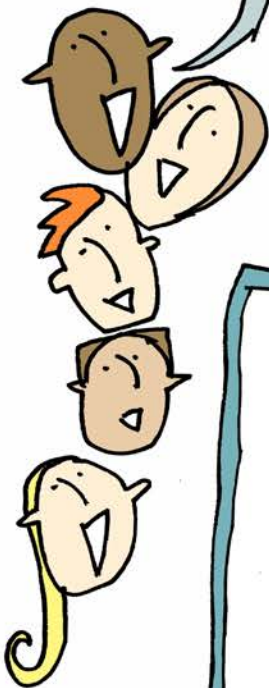
# Planning My Future Life



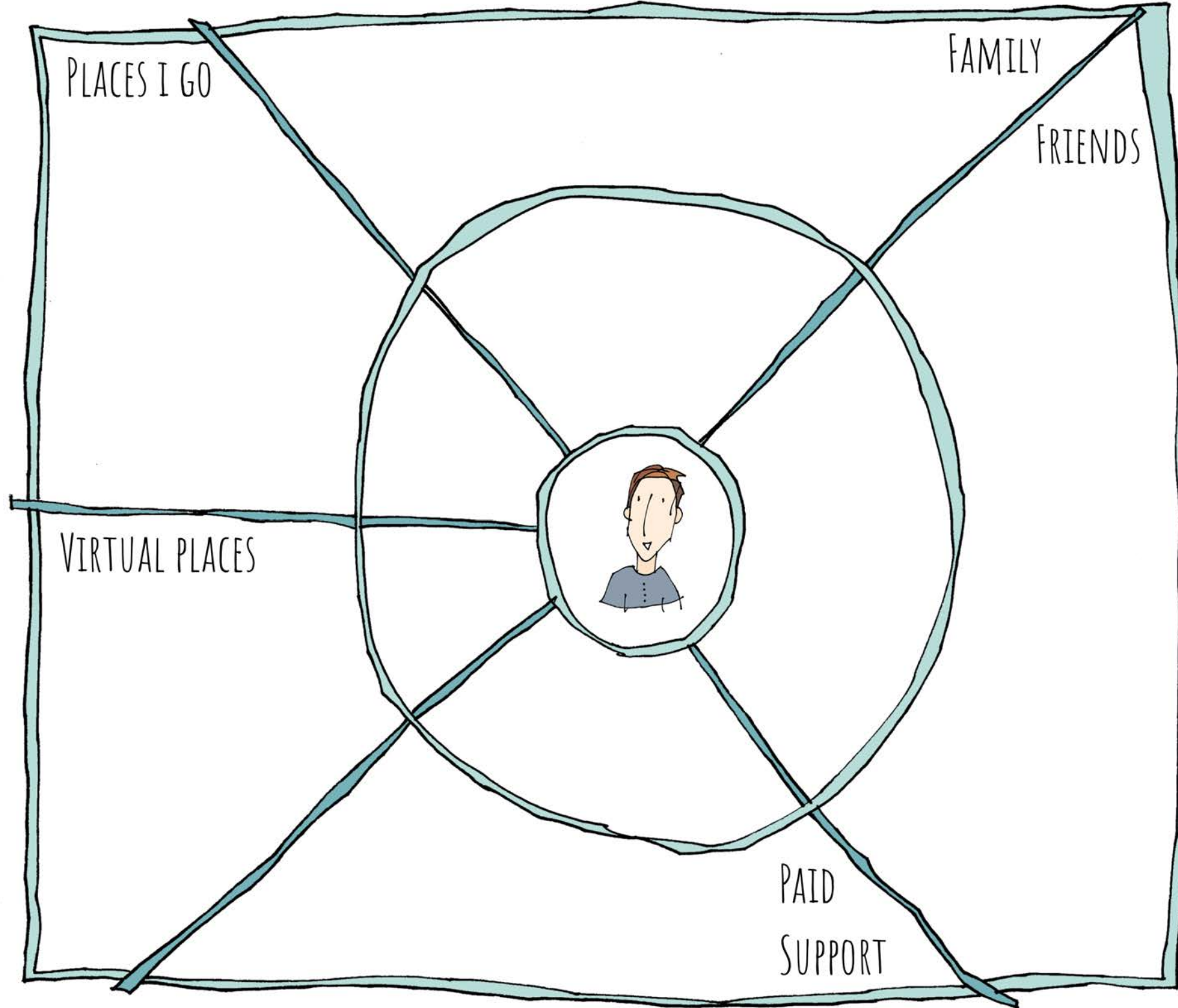
WHAT PEOPLE LIKE AND ADMIRE ABOUT ME...

## Like and Admire

WHAT I'M GOOD AT IS...



# Relationship Map



What matters

Good support



(IMPORTANT TO)



(IMPORTANT FOR)



What's working?

What's not working?

WHAT ARE YOU GOING TO KEEP, DEVELOP OR GROW?

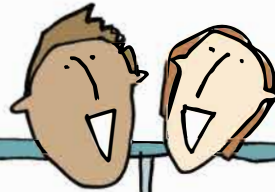
WHAT ARE YOU GOING TO CHANGE OR LET GO OF?



EMPLOYMENT

INDEPENDENT LIVING

**My  
outcomes**



FRIENDS, RELATIONSHIPS AND COMMUNITY

GOOD HEALTH (AND WELLBEING)



### Website

[www.preparingforadulthood.org.uk](http://www.preparingforadulthood.org.uk)

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### Social Media

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