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| **Support Strate**giesThe things we can do or say to keep \_\_\_\_Ann\_\_\_\_\_\_\_ in the green as much of the time as possible. | **Behaviour**What \_\_\_Ann\_\_\_\_\_\_\_\_ does, says and looks like that gives us clues that she is calm and relaxed. |
| * Give Ann regular positive feedback and encouragement.
* Always try to use positive language even when she is doing something you would rather she didn’t e.g. ‘oh that is Molly’s special book from home, lets go and find a special one for you’.
* Use simple clear language.
* Support Ann to access what she wants using PECs system or with her tablet.
* Try and spend some one to one time with Ann during the session to explore calming activities together e.g. feather blowing, massage.
* Make sure that Ann has her chewy tube to carry around.
* Make sure that if you have to ask her for her chewy tube (e.g. lunch time) that you tell her clearly when she will be getting it back e.g. lunchtime then chewy tube.
* Regularly practise using PECS system with Ann.
* Give Ann plenty of opportunity to walk independently and make sure if you go out for a work in a group, you go somewhere where she will have this opportunity.
* Give Ann plenty of time to process what you have said to her before asking again.
* Make sure Ann has had all her medications so she does not become constipated.
* Give Ann plenty of opportunities to listen to music
 | * Ann will smile and laugh
* She will happily make eye contact and will communicate with you and respond positively
* She will initiate contact and want to join in with what others are doing
* She will bounce up and down on her knees
* Her body language will be relaxed
* She may move around quite fast whilst making an ‘eeeeeee’ sound
* She may dance
* She will bang her object on the floor
* She will blow raspberries on herself and others
* She will do roly poly’s
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Ann Other Green Strategy