



Please DO
 e.g. give me extra time to think

Write a tick list of things I need to do

Add lots of pictures and visuals into your lessons

Please try not to
 e.g. ask me more than one question at a time

Give too many instructions

Sensory Sensitivities

(Highlight any significant sensory differences or needs)

My favourite things:

Student's Name: _____

Who can help if I have a problem

photo

Things that worry me:

Communication and Visuals

How I like to communicate and visual supports that I need

Today my schedule will probably be:

	<input type="checkbox"/>
	<input type="checkbox"/>
	<input type="checkbox"/>
	<input type="checkbox"/>
	<input type="checkbox"/>

Emotional Regulation:

How I stay calm and happy

Please DO	Please try not to
e.g.	e.g.
play with a squeeze ball while I'm listening	Raise your voice
Let me take short breaks during lessons using the code word 'balance break'	