

Barnet Integrated Clinical Services

Barnet Council, North London Business Park, Oakleigh Road South, London N11 1NP

20/03/2020

Re: Telephone support during Covid-19

I am writing to you to update you on the support offered by Barnet Integrated Clinical Services during the Covid-19 outbreak. As a service, we are aiming to continue to offer telephone, skype and video support to vulnerable children young people and families across the Borough.

To achieve this, we have set up a single point of contact for BICS Early Help services, which offers support to young people, families and carers who are struggling with mild to moderate social, emotional, behavioural and mental health difficulties. We are offering the following:

- 1. Telephone support and consultation to professionals during this period. We can offer signposting, therapeutic support and advice where there are concerns around a child's social, emotional, behaviour or mental wellbeing.
- 2. We will also offer direct support, advice and guidance to families, young people and carers. Young people and/or their families/carers can call the single point of contact, and a clinician will return their call. The clinician will take information about the young person's presenting need and offer advice/support accordingly.

You, colleagues or families can access the support by phoning <u>079260 85495</u> 9am to 5pm. Our admin team will take some brief details about the young person, and a clinician will call you back as soon as possible.



Kind regards,

Anindita Sarkar

Dr Anindita Sarkar

Clinical lead, Barnet Integrated Clinical Service

Anindita Sarkar