

Time Out For Parents



The Early Years

Sessions for anyone parenting children under five



 **positiveparenting**

Common sense, jargon-free information and ideas to help you to engage with your children and boost your relationship

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Time Out For Parents The Early Years

Positive Parenting Time Out for Parents courses from Care for the Family provide common sense, jargon-free information and ideas to help you to engage with your children and boost your relationship.

If you have children under five, then *Time Out for Parents – The Early Years* is for you. Over six sessions you'll increase your skills and confidence as a parent and discover practical tools to make your relationship with your child even better.

The sessions

- Session 1** What being a parent's really like!
- Session 2** Children's needs
- Session 3** Play and listening
- Session 4** Parenting styles and boundaries
- Session 5** Discipline and safety
- Session 6** The wider family



Care for the Family Tovey House, Cleppa Park, Newport NP10 8BA
Tel (029) 2081 0800. www.cff.org.uk

Care for the Family – a Christian response to a world of need.
A registered charity (England and Wales: 1066905; Scotland: SC038497).

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