

**In an emergency contact Police on 999
To report a non urgent incident ring 101**



SUPPORT FOR ADULTS AFFECTED BY DOMESTIC ABUSE

Support can include: safety advice, securing your property, housing, finances and legal advice, support at Court, Refuge services, counselling, peer support groups

Middlesbrough Area

My Sister's Place: **01642 241864**

Stockton & Hartlepool Area

Harbour (male and female): **03000 202525**

Redcar & Cleveland Area

Foundation (male and female): **0300 4562214**

Eva Women's Aid: **01642 490677**

All Cleveland Area – Black, Asian and Minority Ethnic Service

Halo: **01642 683045 or Freephone 08081 788**

National Domestic Violence

Helpline (24 hours) 0808 2000247

SUPPORT FOR CHILDREN

Local services—support includes: group and 1-1 work using art, play therapy, drama and sport, covering behaviours and feelings, healthy relationships, safety, confidence building, dealing with anger.

Middlesbrough, Stockton & Hartlepool Area

Harbour – Children and Young Persons Service: **03000 202525**

Redcar and Cleveland Area

Eva Women's Aid –Children's Counselling Service: **01642 490677**

Children's Social Care

Middlesbrough: **01642 201934**

Stockton: **01642 527764**

Redcar: **01642 771500**

Hartlepool: **01429 284284**

Out of Hours Social Care Duty Team: **01642 524552**

National Services

Childline: **0800 1111** (www.childline.org.uk)

NSPCC: **0808 800 500** (www.nspcc.org.uk)