

Let's Dance!



<https://www.youtube.com/watch?v=oufUIksSLWk> – pinkfong arm stretches police car song

<https://www.youtube.com/watch?v=jLDHYD03v8Y> – pinkfong dance compilation video

<https://www.youtube.com/watch?v=ziLHZeKbMUo> – just dance I like to move it move it

<https://www.youtube.com/watch?v=FP0wgVhUC9w> – Zumba with Dovydas

<https://www.youtube.com/watch?v=KhfkYzUwYFk> – just dance can't stop the feeling

<https://www.youtube.com/watch?v=0TgLf3PMOc> – learning station count to 100 exercise (hard!)

https://www.youtube.com/watch?v=NwT5oX_mqS0 - learning station shake our sillies out

<https://www.youtube.com/watch?v=SrvnWq3eiU> – move and freeze learning station

<https://www.youtube.com/watch?v=12gkljGd-ZI> – fruits dance song

<https://www.youtube.com/watch?v=5sr4pbm5K9w> – arm stretches pop rowrow

<https://www.youtube.com/watch?v=K8UGx6HD23o> – sesame st dancing is easy

<https://www.youtube.com/watch?v=DUykIB3ZtOU> – pinkfong strawberry dance

<https://www.youtube.com/watch?v=kX6xMYIEwLA> – make a paper fan and use stretches with the fan copy the moves you can

<https://www.youtube.com/watch?v=TgcwKrf8wHM> – music express can't stop the feeling

<https://www.youtube.com/watch?v=CaLj2Nwqp-8> – music express bare necessities

<https://www.youtube.com/watch?v=c0p7D9v4dYw> – pinkfong jungle dance

<https://www.youtube.com/watch?v=VIDcRSutPsE> – pinkfong boogie dance

<https://www.youtube.com/watch?v=QwNBhy3L7vA> – learning station body bop



Yoga!



<https://www.youtube.com/watch?v=1Pa-zw6Bo70> laughter yoga

<https://www.youtube.com/watch?v=0JD2b1g7nro> mindfulness and seated movement for kids

<https://www.youtube.com/watch?v=dw-0bmtDPnk> yoga washing machine dance

<https://www.youtube.com/watch?v=5XCQfYsFa3Q> jungle yoga story (harder poses)

<https://www.youtube.com/watch?v=BZ2NPcifINE> – star wars yoga story! (50 mins)

https://www.youtube.com/watch?v=mGM_138BqKQ – moana yoga! (40 mins)

